



Back to School Reminders... This Time for the Grown Ups!

Dear Parents and Carers,

The children have spent the first few days back at school revisiting all our important routines and expectations for the year ahead. They have done a fantastic job remembering what they need to do... so now it's your turn!

To help everyone have a smooth and successful start to the term, here are a few quick reminders:

Healthy Snacks

Please ensure that any snack sent into school is a healthy option. As we have children with severe allergies, **we are a nut-free school**, so please do not send any items containing nuts.

Water Bottles

Children should bring a **water bottle filled with water only**, unless an alternative arrangement has been organised by the school.

School Uniform

Please ensure children arrive in the correct school uniform.

Winter Uniform

- Red tartan skirt or pinafore dress (purchased from Parc Eglos School)
- Black or grey trousers
- White shirt or polo shirt
- Scarlet cardigan, V-neck pullover or sweater
- Tights, black socks or grey socks

Summer Uniform

- Red gingham summer dress
- Black or grey trousers or shorts
- Red or white ankle socks
- White shirt or polo shirt
- Scarlet cardigan, V-neck pullover or sweater

Footwear

- Sensible school shoes
- No Crocs, sandals, wedges or platform shoes

PE Kit

PE kit is only to be worn on PE days (please refer to your child's class welcome letter sent out at the end of last term). Please check that PE kits are clearly named and include:

Parc Eglos School
Church Hill, Helston, Cornwall TR13 8UP
Head Teacher: Vicky Sanderson
T: 01326 572998
E: parceglossecretary@croftymat.org



- Black gym shorts
- Cotton T-shirt in your child's team colour
- Black gym shoes/trainers

A particular reminder regarding shorts: they should be suitable for active school sports and games, allowing children to move comfortably and confidently while remaining appropriately covered (mid-thigh length – not fashionably short!).

Belongings

Please make sure that **all clothing, water bottles, lunch boxes and other belongings are clearly named**. Last year we accumulated a *very impressive* collection of lost property, much of which could not be returned because it had no name on it. A quick label now can save a lot of time (and money!) later on.

Please do not send children to school with extraneous and expensive belongings or toys e.g. airpods, 'labubu' toys, keyrings on bags.

Parc Eglos Swap Shop

Don't forget that we have our **Parc Eglos Swap Shop** in the school office, where families can access good-quality pre-loved school uniform **free of charge**. If you are looking for uniform items, please feel free to pop in and take a look.

We are always grateful for donations to help keep the Swap Shop stocked, so if your child has outgrown any uniform that is still in good condition, please bring it to the school office.

Watches

Children may wear a watch; however, **'smart-watches' are not permitted** in school.

Hair

We recommend that long hair is tied back at all times. School-coloured hairbands should be worn where possible, and we ask that hair accessories remain simple and practical for learning.

Jewellery

If earrings are worn, they should be small stud earrings only. No other jewellery should be worn in school.

Thank you for your support with these routines. Having everyone dressed appropriately and ready for the school day helps us focus on what matters most: learning, friendship and having a wonderful year together.

We are looking forward to a fantastic term ahead.