



Dear Parents and Carers,

We are delighted to share the first details of an exciting new addition to our Summer Term at Parc Eglos School - our very first Parc Eglos Active Kids Week - PEAK Week!



During PEAK Week, children across the school will take part in a wide range of sporting, outdoor and wellbeing activities, giving them the opportunity to experience new challenges, build confidence, work as a team and try activities they may not otherwise access. We are incredibly excited about this new initiative and know it will be a memorable experience for our pupils. Further information, including what children will need to bring on each day, will be shared with you closer to the time.

As part of PEAK Week, pupils in Reception and Year 1 children will have the opportunity to partake in a gymnastics session at Swallows Gym. During the session, the children will have the opportunity to use all the gymnastics facilities, led by qualified coaches. This will be an exciting opportunity for the children to experience the different areas of gymnastics.

Monday 29th June

1:15-2pm - Poldhu Class

2.05-2:50pm - Gunwalloe Class

Thursday 2nd July

1:15-2pm - Rinsey Class

2:05-2:50 - Godrevy Class

The cost of this session will be £4 per child. The children will leave roughly 20 minutes before their allocated slot to walk to and from the gym with their class teachers. If you would like your child to attend, please fill out the form below. We are also asking for volunteers to help with this event - please let us know on the form if you are able to help.

Parc Eglos School

Church Hill, Helston, Cornwall TR13 8UP

Head Teacher: Vicky Sanderson

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We are extremely grateful, as always, for your support in helping make these experiences possible. PEAK Week promises to be a fantastic opportunity for pupils to learn new skills, challenge themselves and, most importantly, have fun.

[Reception & Y1 PEAK Week Gymnastics Session at Swallows Gym - Fill out form](#)

If you have any questions in the meantime, please do not hesitate to contact the school office.
Kind regards,

The Parc Eglos Team



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