



Friday, 13 June 2025

Dear Parent / Carers,

As part of our Design and Technology curriculum, we want the children to enjoy learning about cooking and nutrition. We want to make these sessions as practical as possible and have planned to make smoothies. The children will be learning to:

- Describe fruits and vegetables and explain how to identify fruits.
- Name a range of places that fruits and vegetables grow.
- Describe basic characteristics of fruit and vegetables.
- Prepare fruits and vegetables to make a smoothie.

To ensure that your child can practise the full range of skills this unit has to offer, we are asking that you provide the following fruit/vegetable items for your child. On **Friday 20th June 2025**, the children will be practising cutting and juicing, in order to do this, please send your child to school with a small citrus fruit - **orange, lemon or lime**. We will send another letter later in the term to inform you which fruits/vegetables your child will need to make their final smoothie, once they have designed it.

If you have any difficulties providing any of the fruits/vegetables for your child, please let the Year 1 Team know as we want to make sure each child has the opportunity to practise the key skills taught.

Many thanks for your continued support,
The Year 1 Team.