



The Pen

Parc Eglos News

Dear Parents/ Carers,

What an amazing week of sunshine we have had - thank you for sending in sun cream, your children are able to reapply this at lunchtimes.

This afternoon sees our annual Summer Fayre, a BIG thank you to our fabulous PTA who have organised and run this event, it has taken many hours and lots of hard work. Thank you. The funds raised from our Summer Fayre will be used to develop our play provision - with our goal being to install play equipment on the field, upgrade our seating around school, and provide play apparatus in our Graden Area. It is a big project, but will have a HUGE impact upon our children's enjoyment of break and lunch times.

Please see below the class structures for next year.

Best wishes

Mrs Sanderson

Calendar

Additions in white

23.06.25 - Coverack museum visit
24.06.25 - Gwithian museum visit
24.06.25 - Y2 Trip CAST at Penrose
25.06.25 - Maths Olympiad at Nexus
26.06.25 - KS2 Sports Day (Y3-6) 9.15 - 11.45am
26.06.25 - KS1 Sports Day (Y1 & 2) 1 - 3pm
27.06.25 - PJ Party and Bingo Night £2.50
27.06.25 - Foundation Sports Day 2.15 - 3pm
2.7.25 - 4.7.25 - Year 5 Porthpean Trip
04.07.25 - Year 3 Penrose Trip
7.7.25 - Year 5 CAST trip
11.07.25 - Nursery Sports Day 2pm
11.07.25 - PTA Sponsored Event **
15.07.25 - Year 6 Performances 1.30pm & 6pm**
16.07.25 - Year 6 Performance 6pm**
17.07.25 - Nursery Graduation 10.30 - 12pm
18.07.25 - Year 6 Leavers Disco **

* More information sent separately via email

** More information to follow



Congratulations to two Year 5 students, Layla B and Isaac P who have achieved Rock Hero status! Amazing work, well done!

Team Points!

Davy

608

Trevithick

692

Kingsley

575

Trengrouse

493

Structure for next year

| Class Name | Teacher | Moves to | Class Name | Teacher |
|------------|------------------------------------|----------|------------|------------------------------------|
| Poldhu | Mrs Perry and Mrs Dumbleton | → | Rinsey | Mrs Ward |
| Gunwalloe | Mrs Martin | → | Godrey | Mrs Goldsworthy and Mrs Roadley |
| Rinsey | Mrs Ward | → | Maenporth | Mrs Eddy |
| Godrey | Mrs Goldsworthy and Mrs Roadley | → | Swanpool | Mrs Richards |
| Maenporth | Mrs Eddy | → | Crantock | Mrs Hayden and Miss Morris-Marsham |
| Swanpool | Mrs Richards | → | Portreath | Mr Rigg |
| Crantock | Mrs Hayden and Miss Morris-Marsham | → | Coverack | Mrs Curnow |
| Portreath | Mr Rigg | → | Gwithian | Mrs Endean |
| Coverack | Mrs Curnow | → | Sennen | Mrs Hamshar |
| Gwithian | Mrs Endean | → | Zennor | Mrs Williamson |
| Sennen | Mrs Hamshar | → | Fistral | Mrs Dyer |
| Zennor | Mrs Williamson | → | Holywell | Miss Giddings |

Parenting a child aged 0-5
Child learning to walk

Solihull – Understanding your Child
A 10-week workshop delivered weekly. Each session is 2 hours in length. This hybrid programme gives you the option to attend in-person or virtually on Microsoft Teams.

This is an evidence-based workshop that covers topics such as:

- How your child develops
- Understanding how your child is feeling
- Tuning into what your child needs
- Responding to how your child is feeling
- Different styles of parenting
- Having fun together
- The rhythm of interaction
- Why sleep is important
- Self-regulation and anger
- Communication and tuning in
- Looking back and looking forward

When?
Thursdays 12.45-14.45
Starting 8th November 2025

Where?
Falcon Family Hub, T111, 811
on Microsoft Teams

To book visit the QR code on slide:
<https://www.cornwall.gov.uk/parenting>

Contact us:
Email: parenting@cornwall.gov.uk
Website: www.cornwall.gov.uk/parenting

CORNWALL COUNCIL
Part of Cornwall

Together for Families

www.cornwall.gov.uk

Supporting Healthy Relationships
New You and Baby Too (NYBT)

Workshop Description:
Delivered over 8 weeks, each weekly session is 2 hours.
A course for all new or expecting parents/couples.

- What your baby picks up on
- How to support each other
- How arguments start, and how to manage these constructively
- Impact on children

NYBT Workshop Dates

| Session – NYBT | Age group | Weekend | Time | Platform |
|----------------|------------|---|--------|-----------------|
| 1 | 8pm - 11pm | 8 th , 15 th , 22 nd Oct | 8-10pm | Microsoft Teams |

All Workshop Dates

| Session – NYBT | Age group | Weekend | Time | Platform |
|----------------|------------|--|--------|-----------------|
| 1 | 8pm - 11pm | 8 th , 15 th , 22 nd Oct | 8-10pm | Microsoft Teams |
| 2 | 8pm - 11pm | 12 th , 19 th , 26 th Oct | 8-10pm | Microsoft Teams |
| 3 | 8pm - 11pm | 19 th , 26 th , 2 nd Nov | 8-10pm | Microsoft Teams |

Getting it Right for Children (GIRC)

Workshop Description:
Delivered over 8 weeks, each weekly session is 2 hours.
A course for supporting or supporting parents/couples.

- How to support each other
- How arguments start, and how to manage these constructively
- Impact on children

GIRC Workshop Dates

| Session – GIRC | Age group | Weekend | Time | Platform |
|----------------|------------|---|--------|-----------------|
| 1 | 8pm - 11pm | 8 th , 15 th , 22 nd Oct | 8-10pm | Microsoft Teams |

To book visit a workshop, either scan or click here:

www.cornwall.gov.uk/parenting

West Cornwall FREE to attend with your child

Nurturing New Beginnings – Step into primary school
A 90-minute workshop to attend with your child

Join us for an engaging and informative workshop designed to help parents and carers support their child's smooth and confident transition from nursery to reception.

Key topics:

- How to prepare your child emotionally
- Practical tips for building independence
- Strategies to boost your child's confidence

Come along to one of our friendly sessions:

| Date | Time | Venue |
|--------------------------|-------------|----------------------|
| Monday 28 July 2025 | 11.00-12.00 | Paragon Family Hub |
| Tuesday 28 July 2025 | 10.30-12.00 | Redruth Family Hub |
| Wednesday 30 July 2025 | 10.30-12.00 | Cambridge Family Hub |
| Thursday 31 July 2025 | 10.30-12.00 | Fistral Family Hub |
| Friday 1 August 2025 | 11.00-12.00 | Hayle Family Hub |
| Wednesday 14 August 2025 | 11.00-12.00 | Falcon Family Hub |

To book visit the QR code on slide:
<https://www.cornwall.gov.uk/parenting>

Contact us:
Email: parenting@cornwall.gov.uk

CORNWALL COUNCIL
Part of Cornwall

Together for Families

www.cornwall.gov.uk



The Pen

THE GOLDEN KEY AWARD

Proudly presented to

| | | | |
|--------------|------------------------|-------------|----------------------|
| YR Poldhu | Theodore and Zachary C | Y3 Crantock | Jemima and Francis |
| YR Gunwalloe | Arlo and Emily | Y4 Coverack | Hugo and Oscar |
| Y1 Rinsey | Kayden and Mia | Y4 Gwithian | Ella-Rose and Callum |
| Y1 Godrevy | Zayn and Suzie | Y5 Sennen | Cisco and Elliot |
| Y2 Maenporth | Senara and Indi | Y5 Zennor | Harper and Bella |
| Y2 Swanpool | Liam and Daniel | Y6 Fistral | Thomas S and Sydney |
| Y3 Portreath | Henry and Darcy | Y6 Holywell | Jack and Bodhi |

Boomerang Booking links

| | Breakfast Club | After School Club |
|--------------------|---|---|
| W/C 30th June 2025 | https://forms.gle/EbHfd9WNUuAPI7rM7 | https://forms.gle/7S3T5qngg67e1wvm6 |
| W/C 7th July 2025 | https://forms.gle/a5yYGoWLkvaKtC8z5 | https://forms.gle/J6569QjFvhnTsnJu8 |
| W/C 14th July 2025 | https://forms.gle/GpTScGV27tb7uVrH6 | https://forms.gle/75PBWeBw7TuhT2pD9 |

Congratulations to our new Parc Eglos Active Play (PEAP) Ambassadors!

We are thrilled to announce that 10 children from across KS2 have been selected as our new PEAP Ambassadors following an incredible response from over 100 applicants! The enthusiasm and passion shown by all who applied truly reflects the strong sense of community we are so proud of at our school.

The 10 children chosen stood out for their positivity, teamwork, and dedication to making lunchtimes inclusive and enjoyable for everyone. They will serve as PEAP Ambassadors until the summer holidays, helping to support play across the school and promote our fantastic lunchtime offer. We're incredibly proud of their achievement and look forward to seeing them shine in their new roles.

The ambassadors will begin their journey with a special training session led by Mrs Eddy, and their duties will officially start on Monday. A new group of ambassadors will be elected in September, so there will be more opportunities for others to get involved soon!

Well done to everyone who applied and a huge congratulations to our new PEAP Ambassadors!



Nursery & Foundation Team



The Starfish children are excitedly preparing for their upcoming Graduation! They've been practising their songs with enthusiasm and can't wait to perform to their families. They have also been exploring magnets and discovering which materials are magnetic. We've introduced new words like *attraction* and *repulsion* and have been identifying and naming a variety of different materials. They have been very curious scientist this week!

Tiddlers have been busy noticing and celebrating differences between people. They've enjoyed looking in mirrors and talking about their own unique hair, eye, and skin colours. Using books and discussions, we've been encouraging them to embrace and talk about what makes each of us special.

Year 1/2 Team

In RE, Year 2 have been thinking about the big question 'What makes people and places sacred in Cornwall?'. We started the unit thinking about places that are special to us and how these places make us feel. Lots of the children (and the Year 2 adults too) said that the beach is their special place.

This week, we have been learning about sacred people in Cornwall - learning about the story of how Saint Piran came to Cornwall from Ireland and discovered tin. The children loved watching an interactive story all about Piran's life and completed some beautiful storyboards to compliment their learning.



Year 3/4 Team

Year 3 are coming to the end of their journey with *Charlotte's Web*, and it has been a truly enjoyable experience. The children have been captivated by the charming life on the farm and the fascinating details of a spider's world. They've got to know characters like Fern and her brother Avery, the mischievous Templeton the rat, and, of course, the lovable pig Wilbur. Beyond simply listening to the story, the children have been developing their skills as storytellers by analysing key parts of the book and reflecting on its themes. We encourage families to ask their children about their favourite parts of the story and what they remember — you might be surprised by how much they've taken in!



Year 5/6 Team

This week, learning has focused on our Local History Study. Each class has visited the Museum, where we learnt some Cornish songs, took part in some Cornish dancing and role play activities. It was wonderful to look more closely at some of the local historical images within the museum that are so easily missed.

We have also taken a tour of Helston this week, with our Tour Guide: Mrs Williams! Her knowledge of the local area has really helped us to spot the changes that have occurred within our town over time.



Year 6 also supported the Freedom of Helston Parade on Wednesday which was another fantastic opportunity to think about our local History. Well done to all of Year 6 for outstanding behaviour at all our events this week.



Sports at Parc Eglos

Sporting News...

Year 3/ 4 Quad Kids

Last Friday it was the Year 3/ 4s turn to attend the Quad Kids Athletics event at Cran Brea. We took a team of 16 children who all competed in a sprint, 400m run, javelin throw and standing jump. Every single one of them represented our school with pride and showed great resilience and respect for each other. It was very wet as the rain poured for the last hour, but it didn't stop them all from smiling!



Congratulations to Joseph, Jack, Milo and George from Year 6 who were selected for the Crofty MAT Football team trails and were all successful. We are all extremely proud of you and the positive feedback received from the MAT PE Lead. Good luck when you play at Wadebridge next week. We cannot wait to hear all about it.

Cricket

Our Year 6 Cricket Team went to Camborne on Monday to compete in the Year 6 8 a-side Open. The team played Countdown Cricket batting in pairs for 40 balls an innings. 12 other schools competed at the event, after a fantastic day we qualified for the County Final. Unfortunately, the date clashes with our transition to Helston Secondary School so we've had to forfeit our place. Well done to all involved and a HUGE thanks to Mr. Fernaux who coaches the team for us and attended the event.





The Pen

WEEKLY REMINDERS

Letters

Please click the image below for a list of recent communications, or alternatively ring the school office to speak to a member of the team.

Letters

Online Safety

Please click the image below for advice on keeping your children safe online and on their mobile phones. If you would like any further guidance, please contact the office to make an appointment with a member of staff.

Online Safety

RWI Phonics

Please click the image below for our dedicated "Phonics practice at home" page, which has now moved to our website!

Read Write Inc.
Phonics



Attendance Reminder

Holidays in term time



As a reminder to parents,

If you book a holiday in term time which is 5 days or more, and is not approved as an exceptional circumstance, our policy - in line with DFE guidance, is to refer this to the local authority for a fine to be issued. Please also be aware that schools need to consider fining if a child **has 10 unauthorised sessions in a rolling 10 week period**. Please do contact me if you have any further questions regarding this.

Many thanks, Mrs Sanderson

Success Awards

For pupils who have shown exceptional 'in the moment' achievements, we are now sending home postcards called

'The Success Awards'

These might be academic achievements or showing our Ready, Respectful and Safe school rules.

We are also asking any local businesses to sponsor some of these cards by providing unused 2nd class stamps. Any donated stamps will send postcards with your logo (your business will even get a special mention on The Pen!). Please contact the office if you can help!

THE SUCCESS
AWARD



Parc Eglos Active Play (PEAP)

Wishlist

Our PEAP (lunchtime offer) resources get well used and well-loved at Parc Eglos School. We are desperately in search of some resources to restock some of our depleted 'zones' as we head into the final term of school.

See below some ideas of items that could be donated, (new or in good used condition) we would be very grateful. All donations to be dropped at the office or Maenporth classroom. Please see Mrs Eddy if you have any questions or have something specific in mind that you would like to donate.



Bubble machine

Giant bottle of bubbles/bubble wands

Blankets and picnic rugs for reading areas.



Cars/ small world play e.g. dinosaurs, dolls,



Lego bricks for construction



Colouring books, coloured paper, card, post it notes etc.



Giant chalk £3.99



Plastic hard hats



Fancy dress – wigs, glasses, hats etc



Puzzles and board games

What Parents & Carers Need to Know about PERSUASIVE DESIGN ONLINE

'Persuasive design' refers to the techniques that companies employ to influence our thoughts and behaviours when we're on the internet. These approaches can be spotted on websites, in apps and even as part of some video games. Persuasive design means that this content has been deliberately presented in a way that's intended to encourage you to spend your time or money (or both). These methods often prove highly effective at keeping people engaged and invested for longer than we might expect.

WHAT ARE THE RISKS?

POTENTIAL ADDICTION

In the digital world, persuasive design can make certain activities more addictive and harder to walk away from: some people may begin to feel anxious or irritated without access to their device or their favourite app, for example. It can also often leave users feeling isolated, as – if they spend most of their time on social media – they may start to find it difficult to talk to other people in real life.

MENTAL HEALTH CONCERNS

Scrolling online or gaming without regular breaks is proven to be harmful to our mental health. The constant bombardment of news stories (many of them negative), images and influencers' posts can create sensations of unease, uncertainty and FOMO (fear of missing out). Young people can get so immersed in this environment that they become less likely to spot misleading posts.

PROLONGED SCROLLING

Social media can draw any of us – regardless of age – into a continuous pattern of refreshing our screen, following posts and links down rabbit holes or reading countless comments made by others. This aimless scrolling can eat up time which could have been spent on more productive activities. It could also lead younger users into areas of the online world which aren't age appropriate.

KEEP SCROLLING

SENSORY OVERLOAD

Repetitively scrolling, clicking on links or playing games can create an unending stream of new information and visual stimuli. Put it this way: social media isn't exactly renowned as a carefree, chilled-out environment. Such overstimulation can become too much for young people to handle, resulting in sensory overload and causing them to feel stressed, overwhelmed and exhausted.

COSTLY ADDITIONS

Video games sometimes display offers for downloadable content or loot boxes which can be bought with real money. While these 'microtransactions' temptingly promise to improve a player's gaming experience, most of the time they are money sinks. Young people in particular, excited by the chance of enhancing their game, could spend quite a sizeable sum very quickly indeed.

PHYSICAL CONSEQUENCES

Hours spent sitting and scrolling means far less time moving around and getting exercise: hardly ideal for a young person's physical health. Additionally, prolonged exposure to the light given off by a phone's screen can lead to eye fatigue and discomfort, especially if viewing it in the dark. Extended phone use before bed can also impact on sleep quality, affecting mood and energy levels over the following days.

Advice for Parents & Carers

ESTABLISH LIMITS

Talk to your child about setting some time limits on how long they can use their phone, tablet or console in the evenings or at weekends – or perhaps how often they can go on a specific app, game or website. You could also decide to involve the whole family in creating this shared screen time agreement, making things fair (and healthier) for everyone.

NIX NOTIFICATIONS

Stop knee-jerk responses at the source by turning off push notifications and alerts. Whether it's a gaming notification or a social media update, these not-so-gentle reminders are designed to catch our attention and lure us back to our device. Switching them off – or even deleting any particularly intrusive apps – can help prevent your child from being reeled back into the online world.

ENCOURAGE MINDFULNESS

Acknowledging any addiction is key in overcoming it – and compulsive scrolling is no different. If anything mentioned in this guide sounds familiar, it could help to have an honest, open chat with your child about how much time they spend online. Get them to think about how often they scroll through social media aimlessly or habitually open it up whenever they have a spare moment.

MAKE A CHECKLIST

Considering a list of relevant questions can be an effective way of helping children figure out why they're scrolling on certain sites or consuming particular pieces of content. A checklist can prompt young people to ask themselves if they're learning anything or benefiting from this activity – or if they're wasting their time. Taking a step back can sometimes help us to see things more clearly.

Meet Our Expert

Rebecca Jennings has more than 20 years' experience in the field of relationships, sex and health education (RSHE). As well as delivering workshops and training for young people, parents and schools, she is also a subject matter expert on RSHE for the Department of Education.



The National College



National Online Safety

#WakeUpWednesday

Teresa Blee Dance presents

RUBIES

A celebration of 40 years: 1985 - 2025



The Epworth Hall, Helston
Saturday 12th July, 1:30pm & 6pm
Sunday 13th July, 2pm

Tickets available at:

Online: <http://buytickets.at/teresableedance> (or scan the QR code)

Phone: 01209 312505 (Mon-Fri, 10am - 3pm)

