



The Pen

Parc Eglos News

Dear Parents and Carers,

Flora Day

We are all very much looking forward to the 8th May - which sees our Y2-Y6 pupils dancing at 10am for the children's day. If you need any further information on this, please see the letters section on our website. Please ensure that your child is at school for 9am, and that an adult named on your child's consent form collects them FROM SCHOOL at the end of the dance. The Flora Day Association is advertising that this dance is expected to finish at approx. 11:20am - which is slightly later than our original letter stated.

Contacting School

I have had a few questions regarding how to directly contact your child's class teacher, as I know that historically we have shared teachers' direct emails. This year, in order to support teachers' wellbeing here at school (as many emails are sent when parents return home after work - which is of course when my teaching staff are also at home with their families), we have not shared teachers' direct emails. Please note that if you do email teachers direct, they will not respond to these emails from their accounts, but will send a response via the school office. If you need to talk to your child's class teacher, please see them at drop off or pick-up where quick messages can be exchanged or an appointment time for a further conversation agreed. Alternatively, you can contact the school office by calling 01326 572998 or by emailing parceglossecretary@croftymat.org to pass messages to teachers, or to request a ring-back which we are always very happy to do. Finally, you can contact me directly on parcegloshead@croftymat.org, or catch me, Mrs O'Kane or Miss Morris-Marsham on the gate at the end of the day. For further information, please see attached the methods of communication which we are using here at school. Thank you for your understanding and support of our teachers.

Health and Safety at School

In order to keep you children safe, please can we remind parents and children, that: long hair needs to be tied back; earrings (if worn) should be studs only; no necklaces or bracelets please. Also, make up is not to be worn in school. Thank you for your help with this.

Executive Headship

Due to the retirement of Mrs Linda May, one of our Crofty Colleagues, I will be stepping into the Executive Headship of Sithney School (1 day per week) I will remain the substantive headteacher for Parc Eglos School and will be at our school for the vast majority of the week, and available via my emails or phone calls to school throughout the week.

Calendar

Additions in white

29.04.25 - Cross Country Race 5**
30.04.25 - Year 1 parents Phonics Screening
Check information afternoon 2:45-3:15
01.05.25 - 7.30pm PTA Meeting Inn and Still
08.05.25 - Flora Day
13.05.25 - Cross Country Race 6 **
16.05.25 - Y5 HCC Roadshow Presentation
19.05.25 - Break the Rules Day **
19.05.25 - Class Book Tasting - see page 2
20.05.25 - Foundation Vision Screening
21.05.25 - 23.05.25 - Year 4 BF Adventure
2.6.25 - 4.6.25 - Year 6 Barton Hall
4.6.25 - 3.15pm Y5 Porthpean Trip Meeting
18.06.25 - Freedom of Helston Parade TBC
20.06.25 - Summer Fayre **
26.06.25 - KS2 Sports Day (Y3-6) 9.15 - 11.45am
26.06.25 - KS1 Sports Day (Y1 & 2) 1 - 3pm
27.06.25 - Foundation Sports Day 2.15 - 3pm
2.7.25 - 4.7.25 - Year 5 Porthpean Trip
11.07.25 - Nursery Sports Day 2pm
11.07.25 - PTA Sponsored Event **

* More information sent separately via email

** More information to follow



The Pen

COMMUNICATION AT PARC EGLOS



BY PHONE

Ring 01326 572998 between 8am and 4pm to speak to one of our secretaries or leave a message.

BY EMAIL

Email parceglossecretary@croftymat.org anytime. Queries will be responded to between 8am and 4pm.

ARBOR

All our communications will now come through Arbor. Please download the app and speak to the office if you need assistance.

OUR NEWSLETTER

'The Pen', our weekly round up including a message from Mrs Sanderson, will be sent directly to you and uploaded to our website.

OUR WEBSITE

Our website contains all our statutory information as well as useful information about the school.

Flora Day Leading 4



Georgina



Nellie



Jack



Jasper



Book Tasting: Monday 19th May 3.15-4.00pm

On Monday 19th May, we will be hosting our first ever book-tasting event. This event will not only further enrich the already positive and vibrant reading culture already present in Parc Eglos, but will also help to develop a purposeful reading community: one that goes beyond the classroom door.

A strong and healthy reading community will help support our children to become lifelong readers which in turn will ensure our children learn new knowledge more easily; learn new words more quickly; and be emotionally more resilient. The Book Tasting Event, will be one of many opportunities we will be offering to help build shared book moments with our wider community.

So, what is a Book Tasting? It is an opportunity for children to browse different genres of books by having a little 'taste' whilst also making time in our busy lives to stop and just enjoy good books together. The book tasting will take place in your child's classroom straight after school, if you have more than one child you can move freely between the classrooms. Following the book tasting, there will be a short information session in the hall all about reading at Parc Eglos.

We are also launching the *Parc Eglos Reading Round-Up*. This is a reading newsletter full of top tips and those all important reading recommendations. This will be sent out 2-3 times every half-term so please keep an eye out for the first edition on Monday.





The Pen

THE GOLDEN KEY AWARD

Proudly presented to

YR Poldhu	Jennifer and Zackary P	Y3 Crantock	Poppy and Jenson
YR Gunwalloe	Harry N and Zaxon	Y4 Coverack	Harry J and Elowen R
Y1 Rinsey	Isla and Martha	Y4 Gwithian	Jayden and Elliot
Y1 Godrevy	Lowenna and Noah B	Y5 Sennen	Albie and Jowan
Y2 Maenporth	Kiara and Harva	Y5 Zennor	Lillian and Alfie
Y2 Swanpool	Mateo and Charlie	Y6 Fistral	Elexa-Mae and Millie M
Y3 Portreath	Paisley and Robyn	Y6 Holywell	Nura and Arthur H

Team Points!

Davy

636

Trevithick

531

Kingsley

815

Trengrouse

761

Boomerang Booking links

	Breakfast Club	After School Club
Week Commencing 12th May	https://forms.gle/vgCF8wHUtVymBtTP6	https://forms.gle/4hwDGzhtVrFNGHjrZ
Week Commencing 19th May	https://forms.gle/2AaTFppMz3WNSC1z7	https://forms.gle/HxSjFcPy725PJvzu6
Week Commencing 2nd June	https://forms.gle/wqFbnimk3CCrRudf6	https://forms.gle/2uZLPkMBLLdsWJ87

Cross Country - Remaining Races

Tuesday 6th May	Race 5	Reception/KS1 and KS2	Helston North Site - 4pm
Tuesday 13th May	Race 6	Reception/KS1 and KS2	Helston South Site - 4pm
Tuesday 10th June	Fun Run	Reception/KS1 and KS2	Mullion 4pm

Please click this link to sign your child up if you haven't already done so:

<https://forms.office.com/e/cRzspeEVtc>

Sunny Weather

Please can we ask parents and carers to apply suncream to children before school, children can then top-up at lunchtime if needed (they will need to bring in their own suncream in a named bottle). Please also remember a sun hat and water bottle every day.

Nursery & Foundation Team

This week in nursery, the children have been immersing themselves in the beauty of springtime! We took inspiration from the natural world around us and used colourful chalks to draw beautiful bluebells in our woodland area. It was wonderful to see the children observe the shapes and colours of the flowers so thoughtfully.

We've also been learning about *Flora Day* and sharing stories about our own family traditions. The children were full of enthusiasm as they talked about their special celebrations. The Starfish and Tiddlers have been dancing together to the Flora Day music. It's been lovely to see them moving to the rhythm, smiling and celebrating side by side.

Year 1/2 Team

In Year 2, we have been learning all about Plants in our Science lessons. The children know what is inside a seed, what a plant needs to grow and have started a broad bean growing competition. Today, both classes went on a hunt for plants and flowers, thinking about words to describe what they look like and why they are growing so healthily.

We did some observational sketches and also learnt the names of some new plants and flowers. We have been very lucky with the weather throughout this topic so far!



Year 3/4 Team

Year 3 children are on an artistic path to make sculptural equivalents of characters from film and literature. We have begun with an introduction to different artists and use our sketchbooks to help us make the transition from drawing and sketching to then go on to develop and make a sculptural character. This week, we have been playing with the artistic style of Quentin Blake and his illustrations for Roald Dahl. We have forced ourselves to not be 'precious' but aim for movement and the capture of personality!



Year 5/6 Team

Year 6 have been working hard getting themselves ready for Flora Day. We have been really very proud of the sensible way they have been leading the school. They have been setting a great example to all the other children both in terms of the accuracy of their dancing and the seriousness with which they are taking the dance. We can't wait to see them all glammed up on Flora Day!

As always our Year 6's are showing a real passion for books at the moment. As well as the old favourites they are discovering new authors and greatly enjoying writers such as Polly Ho Yen and Rick Riordan. Our library team are discussing exciting ideas for developing a reading community in Parc Eglos with Mrs O'Kane. Hopefully they will make the most of the extra weekend and get to curl up with a good book whenever they can.



Pizza with Pals!

On Wednesday this week, we hosted our 'Pizza with Pals' event! It was a brilliant turn out with lots of our families getting stuck into making pizzas, decorating their pizza boxes and customizing their chef hats!

As always, this is a fantastic opportunity for our military families to come together and enjoy some quality time in a relaxed, creative environment. We were also joined by some representatives from the fantastic Military Wives Choir—we have information for how to join on our Heroes board in Reception!

Events like these not only help build lasting memories but also strengthen the sense of community and support among our families. A huge thank you to everyone who joined us—we're already looking forward to the next one!



Pre-Pizza Playtime!

Earlier in the afternoon, before Pizza with Pals kicked off, our military children spent some time at the park together. It was a great opportunity for them to get outside, have a run around, and catch up with friends. It was heartwarming to see how well the older children played with and supported our younger children—embodying our school values. We remain committed to supporting our Heroes' children by creating regular chances like this for connection and downtime. If you feel that your child would benefit from some extra support from our Heroes team, please email us at parceglsheroes@croftymat.org





The Pen

WEEKLY REMINDERS

Letters

Please click the image below for a list of recent communications, or alternatively ring the school office to speak to a member of the team.

Letters

Online Safety

Please click the image below for advice on keeping your children safe online and on their mobile phones. If you would like any further guidance, please contact the office to make an appointment with a member of staff.

Online Safety

RWI Phonics

Please click the image below for our dedicated "Phonics practice at home" page, which has now moved to our website!

Read Write Inc.
Phonics



Attendance Reminder

Holidays in term time



As a reminder to parents,

If you book a holiday in term time which is 5 days or more, and is not approved as an exceptional circumstance, our policy - in line with DFE guidance, is to refer this to the local authority for a fine to be issued. Please also be aware that schools need to consider fining if a child **has 10 unauthorised sessions in a rolling 10 week period**. Please do contact me if you have any further questions regarding this.

Many thanks, Mrs Sanderson

Success Awards

For pupils who have shown exceptional 'in the moment' achievements, we are now sending home postcards called

'The Success Awards'

These might be academic achievements or showing our Ready, Respectful and Safe school rules.

We are also asking any local businesses to sponsor some of these cards by providing unused 2nd class stamps. Any donated stamps will send postcards with your logo (your business will even get a special mention on The Pen!). Please contact the office if you can help!

THE SUCCESS
AWARD



DESIGN A SPACE MISSION PATCH

In just a few months, a prototype space thruster made by Magdrive will be launched into space on its first test mission. Space missions often have their own patch, and we need your help to design the patch for this important mission.

The winning patch will be used for this mission and will be displayed alongside the prototype thruster in the new Space gallery at the Science Museum, which opens in autumn 2025.

Your design should include these three names: *Magdrive* (the company who made the thruster), *Going Rogue* (the mission name) and *ION* (the satellite name). Draw your mission patch here.

Tell us in three sentences or less, why you created this patch design?

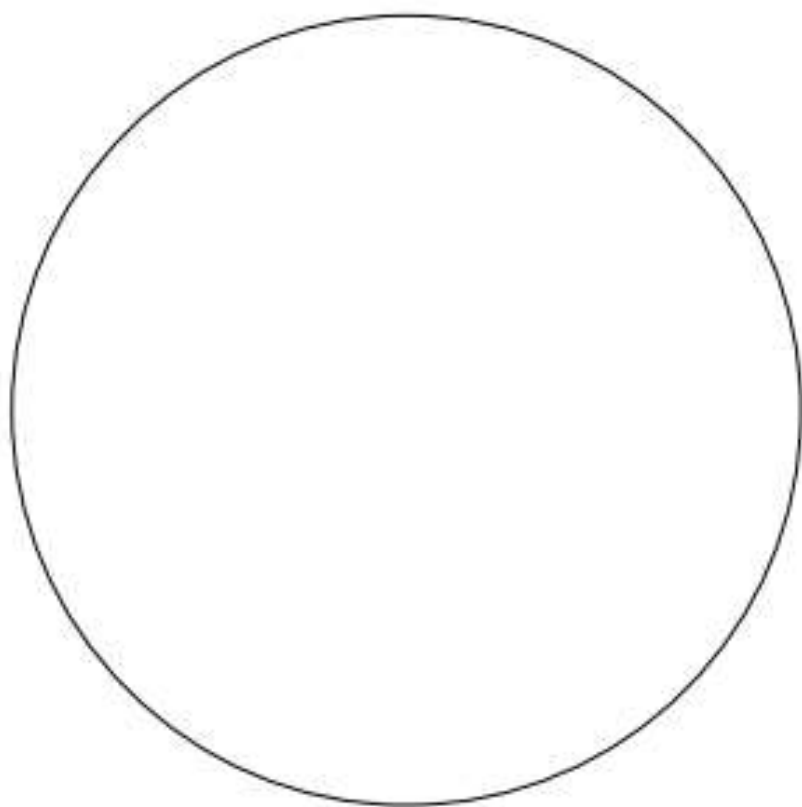
Your name and age

Contact email address

☐ I consent to my / my child's (for children under 13 years old) personal information being used for this competition and I understand that it will be processed in line with the [Science Museum Privacy Notice](#).

This competition is open to children.
Find out more by visiting
www.sciencemuseum.org.uk/space-competition

Please submit your entry before
08:00 on 6 May 2025 by emailing it to
space@sciencemuseum.ac.uk



**SCIENCE
MUSEUM**

10 Top Tips for Parents and Educators MANAGING EXAM STRESS

At some point in their education, children are almost certain to encounter exam stress, which can cast a shadow over their mental, emotional and physical wellbeing. Mental health charity YoungMinds estimate that a staggering 87% of pupils suffer from exam stress – highlighting the urgent need to minimise its impact on children's health and happiness.

1 PRACTISE WORKLOAD WISDOM

The build up to exam season is such a busy and pressurised time in a child's education that it can be difficult for youngsters to avoid feeling overwhelmed. Encourage them to consider whether their current workload is realistic and allows them sufficient time to relax and recharge. Work with them in crafting a revision timetable that's manageable and includes breaks and occasional days off.

2 ADVISE CLEARING THE CLUTTER

A disorganised work environment is proven to negatively affect our ability to focus, as well as our emotional state. Encourage children to keep their desk, notes and revision materials tidy – creating a dedicated, well-kept study space to promote maximum focus. Foster their creativity by suggesting they incorporate vibrant colours, mind maps and even quirky drawings into their revision notes.

3 MASTER THE MATERIALS TOGETHER

Revision seems far harder when a child is uncertain where to begin or what sources to consult. Support them in confirming revision materials with their various teachers – emphasising the importance of gathering a range of resources to get a more comprehensive understanding of the subject. Feeling more prepared should nurture the child's confidence and help to dispel some of their anxiety.

4 RECOMMEND CREATIVE NOTE-TAKING

Writing out notes in full – rather than simply bullet pointing – can be a strong start to a child's revision. Reinforce this idea, encouraging the use of flashcards (featuring shorter versions of previously taken notes) for effective repetition and memorisation. Discuss the power of regularly reviewing notes to help them stay in the child's memory.

5 USE VISUAL AIDS AND MNEMONICS

Encourage the use of visual aids like videos and sticky notes to enhance learning. Some children find these resources far more useful than simply reading their notes as written. Explore creating mnemonics for a fun and effective study approach – and it's also worth noting that the strategic use of colours is a proven means of triggering recall during exams.

6 GATHER A 'TECH TOOLKIT'

Technology can be a huge advantage in exam prep. Educational YouTube channels and revision websites like BBC Bitesize can be immensely powerful resources for helping children to expand and retain their knowledge. You could also recommend the use of flashcard apps and educational podcasts for revision and reminders when young people are on the go.

7 KEEP IT FUN

Revision tends to go far more smoothly if children are having fun in the process. Injecting some humour into their notes, for instance, can make details more memorable – as can relating information to their real-life experiences. Try to encourage a variety of study methods, such as incorporating physical activity (even simply taking a walk) into their revision routine.

8 SUGGEST ACTIVE REVISION STRATEGIES

Make sure children are aware of different study techniques. You could emphasise the effectiveness of spaced repetition by reviewing material regularly over time to reinforce learning and improve retention. Discuss the benefits of active recall methods – such as self-testing or explaining a concept aloud – in identifying where their strengths and weaknesses lie.

9 ENCOURAGE A POSITIVE MINDSET

It can be easy for children's thoughts to fall into a downward spiral when they're stressed about exams. Try to foster a growth mindset by emphasising the importance of giving it their all rather than aiming for complete perfection. Positive self-talk and the use of affirmations can build confidence and reduce anxiety, while visualising success and setting realistic goals can help them stay motivated and focused.

10 HELP THEM TO SEIZE THE DAY

There are lots of things children can do on the day of their exam to reduce stress and increase their focus. Talk them through some helpful exam-day strategies – such as arriving early, reading the instructions and the questions carefully, and pacing themselves during the test. Suggest some relaxation techniques, such as deep breathing or visualisation, to help them manage any nerves before and during the exam.

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. Winner of the Social Enterprise UK 'One to Watch' award, the charity provides training and support to education organisations and local authorities. This guide has been written by Adam Gillett – a learning and development specialist who is also Associate Vice-Principal for Personal Development at Penistone Grammar School.

