



# The Pen

## Parc Eglos News

### Message from Mrs Sanderson

Dear Parents and Carers,

At Parc Eglos School we are always looking for ways to create a positive and nurturing learning environment for our children. The week, we have started a programme of work inspired by the principles of *When the Adults Change, Everything Changes* by Paul Dix. This approach focuses on the power of consistent, calm adult behaviour in shaping a respectful and supportive school culture, helping children feel safe, valued, and motivated to do their best. The emphasis is on recognizing and celebrating positive behaviour, ensuring every child feels seen and appreciated.

We are also developing restorative conversations, which help children reflect on their actions and learn from mistakes.

Considering this, our new school rules are simply:

**Ready, Respectful, Safe.**

We hope that your children will come home talking about these new rules - it would be much appreciated if you could also reinforce these values at home. I have included in this week's newsletter some links for parents which may be of interest to you, linked to the Paul Dix work we are completing here at school.

Best wishes, Mrs Sanderson  
Head Teacher

### Calendar

#### Additions in white

17.03.25 - Year 2 Newquay Trip  
20.03.25 - year 3/4 football - invite only  
24.03.25 - HCC Football - invite only  
02.04.25 - 3.159m Year 6 Barton Hall Meeting and SATs  
07.04.25 to 21.04.25 - Easter Holidays  
24.04.25 - Year 5 Eden Trip  
29.04.25 - Cross Country Race 5\*  
30.4.25—Year 1 parents Phonics Screening

Check information afternoon 2:45—3:15

13.05.25 - Cross Country Race 6 \*

21.05.25 - 23.05.25 - Year 4 BF Adventure

2.6.25 - 4.6.25 - Year 6 Barton Hall

4.6.25 - 3.15pm Year 5 Porthpean Trip Meeting

2.7.25 - 4.7.25 - Year 5 Porthpean Trip

\* More information to follow

\*\* More information overleaf

### Team Points!

Davy

673

Trevithick

886

Kingsley

826

Trengrouse

768

### Letters

Please check out our website: <https://parc-eglos.croftymat.org/parents/newsletter/> for a list of recent communication or alternatively ring the school office to speak to a member of the team.

# WHEN THE PARENTS CHANGE EVERYTHING CHANGES PAUL DIX

What to learn more?

Purchase the  
**When the Parents Change**  
book - [click here](#)

Come along to the next  
**Behaviour Book Club**  
27th March - 8pm  
Register - [click here](#)

Your child's school is currently working with an organisation called When The Adults Change to support families with behaviour and setting a positive culture at home with your family. We are holding a series of virtual sessions, for parents and carers. Our most recent session focused on **Restoration and Repair**.

[To watch the recorded session, click here.](#)

Below is a summary of the key messages from this session.

### 1. Ensure language stays consistent

*This behaviour breaks our rule about... I need you to...*

### 2. Have a list of planned consequences

*Decide these and make sure they are clear before behaviour is tricky, so that children are clear on these and secure in knowing what will happen next. This is to mark that a rule has been broken.*

### 3. Use conversation following tricky behaviour as the teachable moment

*Plan when and where to have these conversations, after there has been some space following the behaviour incident. Remember, behaviour is showing us there is something our children still need to learn how to do or manage yet.*

### 4. Approach conversations with curiosity - be big on heart, strong on boundaries

*Use conversation to support your child to navigate the difficult situations by asking questions. Help them to plan out what they can do differently next time.*



## BEHAVIOUR BOOK CLUB

Live, online sessions open to all parents and carers.

When the Adults Change is working with your child's school and want to support you at home as well. The relationship you have with your children is guaranteed to impact the relationship your children have with themselves. Our intuitive adult responses to difficult behaviour are rarely helpful, often harmful and almost always ineffective. There is another way. Let us show you how. Come along to our Behaviour Book Club, run by our Clinical Director, Dr Charlotte Clarke.

This is our fourth session on **Supporting Behaviour at Home** and will offer easy to follow, ready to use advice that will positively impact all families. Everyone welcome!

Join the next session  
**THURSDAY 27TH MARCH**  
**8:00PM**

Register by scanning the QR code or by  
[clicking here.](#)



What to learn more?  
Purchase the  
**When the Parents Change**  
book by scanning the QR code or by  
[clicking here.](#)



## THE GOLDEN KEY AWARD

Proudly presented to

YR Poldhu	Emily and Erin	Y3 Crantock	Harry and Sienna
YR Gunwalloe	Ava and Jakob	Y4 Coverack	Reuben and Kyra
Y1 Rinsey	Alfie-James and Esme	Y4 Gwithian	Maisie-Grace and Louisa
Y1 Godrevy	Sienna and Tania	Y5 Sennen	Millie E and Zach H
Y2 Maenporth	Senara, Eden and Finn	Y5 Zennor	Lochlan and Layla B
Y2 Swanpool	Daniel and Teddy	Y6 Fistral	Nellie and Millie
Y3 Portreath	Isla and Lerryn	Y6 Holywell	Ben and Zoe

### Boomerang Booking links

	Breakfast Club	After School Club
Week commencing 24th March	<a href="https://forms.gle/jDDiVcVUKDyTbcrxZ">https://forms.gle/jDDiVcVUKDyTbcrxZ</a>	<a href="https://forms.gle/XXfUSGrMohXYHKuW6">https://forms.gle/XXfUSGrMohXYHKuW6</a>
Week commencing 31st March	<a href="https://forms.gle/7ifW7J77S9nqSpF9A">https://forms.gle/7ifW7J77S9nqSpF9A</a>	<a href="https://forms.gle/sFKqnbLoNTEGfMLRZ">https://forms.gle/sFKqnbLoNTEGfMLRZ</a>
Week Commencing 21st April	<a href="https://forms.gle/8XwJSK6Bb6W4qDxm9">https://forms.gle/8XwJSK6Bb6W4qDxm9</a>	<a href="https://forms.gle/HfesGwZvhqU4BiSn9">https://forms.gle/HfesGwZvhqU4BiSn9</a>
Week Commencing 28th April	<a href="https://forms.gle/LtN9x5CVHu3Cn9mo8">https://forms.gle/LtN9x5CVHu3Cn9mo8</a>	<a href="https://forms.gle/WCGdbnCT2M2hePx3A">https://forms.gle/WCGdbnCT2M2hePx3A</a>



### Attendance Reminder Holidays in term time



As a reminder to parents,

If you book a holiday in term time which is 5 days or more, and is not approved as an exceptional circumstance, our policy - in line with DFE guidance, is to refer this to the local authority for a fine to be issued. Please also be aware that schools need to consider fining if a child has **10 unauthorised sessions in a rolling 10 week period**. Please do contact me if you have any further questions regarding this. Many thanks, Mrs Sanderson

### Dogs at School

Please can we ask parents and carers not to tie dogs up and leave them unattended at either entrance to the school, we have several children at school who are afraid of dogs and it is making their journey to school uncomfortable.



## Nursery & Foundation Team

This has been a busy week for the children in Gunwalloe and Poldhu classes. We have welcomed our parents into our space to share in our learning; we hope that you enjoyed yourselves.

We have been spending time looking for signs of spring; we've noticed buds on the trees and new plants starting to grow. We have been looking closely at daffodils to create beautiful pieces of art.

We have been creating wonderful ideas for stories using our imagination and drawing pictures to help share them with our friends. Well done to the children for showing super problem solving skills in our number work, we have been so pleased by your perseverance.



## Year 1/2 Team

Our Year 1 classes are diving into the world of windmills in Design Technology! We're having a blast building sturdy structures, creating holes in the middle of our structure, all while honing in our cutting skills. Next up, we'll be constructing sails to make sure our windmills can turn. Exciting times ahead!



## Year 3/4 Team

Our RE lessons in Year 4 this half term have focused on the Holy Week of Christianity. We have enjoyed finding out about the events of each day and their significance to Christians today. We know why "Good Friday" is called Good Friday, even though it is the day Jesus died on the cross. We explored the feelings of Jesus, his mother, and Jesus' disciples in Holy Week and how some significant days have different



crosses to represent them. Yesterday, we looked at how Christians mark Easter celebrations in their communities and enjoyed taking part in one of those traditions by eating a hot cross bun!

## Year 5/6 Team

In Year 5, the children have been exploring the fascinating world of the Maya civilization, delving into their culture, history, and achievements. They have developed a deeper understanding of the Maya's contributions to the world and their lasting impact on modern society. In addition to this, they have started working on their next independent writing project in English about "Chaperon Rouge," where they are using their creativity and knowledge to retell the classic story in their own words, including all of the techniques they have learnt about key features of adventure stories. We are looking forward to reading them once they are complete!





# Sports at Parc Eglos

## Sporting news...

On Monday afternoon 4 of our fantastic runners attended the Peninsula Cross Country Finals at Camborne School of Mines. Caitlin, Albie, Lillian and Harper ran fantastic races and represented our Helston/ Lizard area extremely well in a very competitive event. Well done. We are very proud of you all. It was a massive achievement to get this far.

After school clubs with Jo Simms will be continuing after Easter.  
Please see details below:

Mondays 3.15-4.15pm: Cheer Dance Year 3 & 4 - £12 (Monday 28<sup>th</sup> April, 12<sup>th</sup> & 19<sup>th</sup> May - 3 weeks)

Tuesdays 3.15-4.15pm: Cheer Dance Year 1 & 2 - £16 (Tuesday 29<sup>th</sup> April, 6<sup>th</sup>, 13<sup>th</sup> & 20<sup>th</sup> May - 4 weeks)

Wednesdays 3.15-4.15pm: Cheer Dance Year 3, 4 & 5 - £20 (Wednesday 23<sup>rd</sup>, 30<sup>th</sup> April, 7<sup>th</sup>, 14<sup>th</sup> & 21<sup>st</sup> May - 5 weeks)

Thursdays 3.15-4.15pm: Cheer Dance Year 1 & 2 - £16 (Thursday 24<sup>th</sup> April, 1<sup>st</sup> May, 15<sup>th</sup> & 22<sup>nd</sup> May - 4 weeks)

If you would like to book a place, please contact Jo Simms by email  
jo@oceanacademyofdance.co.uk by  
2<sup>nd</sup> April.

There are only 12 spaces available, once your space is confirmed Jo will send you payment details to book in.

A waiting list will be started for anyone unsuccessful this time.



Please click here for advice on keeping your children safe online and on their mobile phones. If you would like any further guidance, please contact the office to make an appointment with a member of staff.

<https://parc-eglos.croftymat.org/e-safety/>

## Read Write Inc. Phonics

Please click here for our dedicated "Phonics practice at home" page, which has now moved to our website!

<https://parc-eglos.croftymat.org/phonics-practice-at-home/>






### EASTER 2025

- Activities including multi sports, forest schools, circus skills, water sports and lots more - for children aged 5 to 16
- Every session includes a healthy meal for all children
- Funded places for ALL children eligible for benefits related free school meals

Activities are taking place across Cornwall during the Easter holidays from April 7th - 18th

Scan here to book! 

### Helston Lantern Parade

In celebration of St Piran's Day, our Year 5 children crafted beautiful willow lanterns. At twilight last Saturday, they paraded their glowing creations around Helston Boating Lake, illuminating the evening with a magical display of light and joy. Thank you to the adults who came into school to help make our lanterns and all of those who attended the parade.

