

The Pen

Parc Eglos News


Messages from Mrs Sanderson

Wow! This week's edition of The Pen is certainly full of exciting achievements and upcoming events!


In school this week, I have had the absolute pleasure of reading with lots of our children. The expression, fluency and automaticity with which our children are reading is brilliant. We know that reading is the 'gateway skill' for ALL further learning and we are passionate about getting this right for our children.

Why is reading at home so important?


Children with access to 25 books at home complete an average of 2 more years of school than children from homes without any books.




Reading is a critical skill for succeeding in most school subjects.




Kids 4-5 years old gain 6 months of reading ability by being read to 3 to 5 times per week.




A child spends 900 hours a year in school and 7800 hours at home.



Research shows that just 20 minutes a day spent reading with a child helps them develop critical reading skills.



Learn more:
smartreading.org/parent-resources



Please help us to help your child. Reading practise is vital to develop fluency and confidence. We encourage our children to read 5x a week; this can include the weekend; before or after school; with Nanny or Grandad; brothers, sisters or even to the dog! Every little really does help.
 Have a great weekend, Vicky Sanderson.

Team Points!

Davy	Trevithick	Kingsley	Trengrouse
977	660	660	846

Calendar

Additions in white

- 3.12.24 - Uniform Shop FREE 3pm
- 4.12.24 - Non uniform day for final day of hamper donations
- 5.12.24 - Godrevey at Helston Museum
- 5.12.24 - Christmas tree decorations donations - clearly named please!
- 6.12.24 - Rinsey at Helston Museum
- 6.12.24 - PTA Christmas Fayre 4.30pm
- 9.12.24 - Panto KS2 - Squashbox KS1
- 9.12.24 - Heroes and Hotdogs 3.15pm
- 11.12.24 - Christmas dinner day
- 12.12.24 - Year 4, 5 & 6 Christingle - 1.30pm and 5.30pm - no need to book
- 12.12.24 - Nursery Christmas Craft Afternoon 1.30 to 2.30
- 13.12.24 - Food bank donations close
- 13.12.24 - Year 3 Christmas Singalong 3.15pm (in the hall)
- 16.12.24 - EYFS Christmas Play - 2pm
- 17.12.24 - Year 1 Christmas Play - 5.30pm
- 18.12.24 - Year 2 Christmas Singalong 3.15pm (in the hall)
- 20.12.24 - Last day of term
- 25.02.25 - Cross Country Race 4*
- 29.04.25 - Cross Country Race 5*
- 13.05.25 - Cross Country Race 6 *

* More information to follow

** More information overleaf



The Pen

PUPIL OF THE WEEK

CERTIFICATE OF ACHIEVEMENT

Proudly presented to

YR Gunwalloe	Alfred and Matilda	Y3 Crantock	Amelia and Harry
YR Poldhu	Lowen and Shelby	Y4 Coverack	Emily and Franek
Y1 Rinsey	Martha and Rose	Y4 Gwithian	Isabella and Maisie R
Y1 Godrevy	Finley and Orla	Y5 Sennen	Ellis and Elliot
Y2 Swanpool	Olivia and Elsie	Y5 Zennor	Mila and Iwan
Y2 Maenporth	Macie, Gethin and Isaac	Y6 Fistral	Sienna and Elizabeth W
Y3 Portreath	Harley and Alfie	Y6 Holywell	Harry B & Jaxon

Boomerang Booking links

	Breakfast Club	After School Club
Week commencing 9th December	https://forms.gle/b83aCGGh8aofv45t7	https://forms.gle/bpNEz9wYgBijKoMu6
Week commencing 16th December	https://forms.gle/pz9KXp62ggaY5hLD6	https://forms.gle/7enZhSyqKLGgzUPA

Forms for the Spring term will be sent out in the final week of term.

Christmas Raffle Hampers!

This year, we are once again requesting donations for our Christmas Raffle Hampers! Please find below the different themes for each year group, which will be part of the raffle at the Christmas Fair. Please can all donations be brought in by Wednesday 4th December. On Wednesday 4th, we will be having a non-uniform day to celebrate the final day of donations!

Nursery: Papmer Hamper (*All things bubbly, soapy and smelly)

Reception: Chocolate Galore (*A selection of yummy chocolate)

Year 1: Santa's Savoury Nibbles (*Crackers, chutneys, crisps, dried fruit, olives)

Year 2: Winter Wonderland Craft (*DIY crafty kits, paint sets, colouring books, cookie decorating kits)

Year 3: Christmas Treats ...of the food and drink variety! (*Assorted chocolates, candy canes, mulled wine spices, hot chocolate mix)

Year 4: Family Fun (card games, board games and more) (*Uno, cards, snap, snakes and ladders, popcorn)

Year 5: Stunningly Super Stationery (*Sparkly pens, notebooks, journals, pens, pencils)

Year 6: Eco-friendly Elf (*Reuseable shopping bags, organic soaps, bamboo travel cups, bee wax wraps, plantable seed paper, potted plant, refillable items) * These are just examples, feel free to be creative :)



The Pen

Please use the links below to access the Speeding Up Word Reading videos for each colour Storybook:

Green - <https://schools.ruthmiskin.com/training/view/EiKoa0pp/7OkbNMCa>

Purple - <https://schools.ruthmiskin.com/training/view/jFYS4Z3x/Qb2yt173>

Pink - <https://schools.ruthmiskin.com/training/view/7dIICbL6/lZdJd81b>

Orange - <https://schools.ruthmiskin.com/training/view/e3zUejbv/NJw4Gr35>

Yellow - <https://schools.ruthmiskin.com/training/view/koxDf2F4/zqUscopx>

Blue - <https://schools.ruthmiskin.com/training/view/XzpTrGxT/iFxX52PM>

Grey - <https://schools.ruthmiskin.com/training/view/jGzHAWdC/ngNyxI2b>

Year 1 Parents, we are working hard to help the children learn all of the Set 2 Speed Sounds before Christmas. Please could we ask you to help us with this by encouraging your child to watch the Matthew and Friends videos below. This will help children to learn and consolidate the Set 2 sounds. Children will also be coming home with a Set 2 and 3 Speed Sounds Book that you can look at together at home. Thank you!

ay - <https://schools.ruthmiskin.com/training/view/zsMP9MuQ/KwwnN2nm>

ee - <https://schools.ruthmiskin.com/training/view/JonyzGpL/S9KPMF31>

igh - <https://schools.ruthmiskin.com/training/view/cQQqOX97/8HrKxps2>

ow - <https://schools.ruthmiskin.com/training/view/22UIVsAd/1gOSsoUi>

oo - <https://schools.ruthmiskin.com/training/view/PSOmj9Zc/m4ysnWxh>

oo - <https://schools.ruthmiskin.com/training/view/zmmIV4t4/Orzg2875>

ar - <https://schools.ruthmiskin.com/training/view/zmmIV4t4/Orzg2875>

or - <https://schools.ruthmiskin.com/training/view/8jJaXpzf/yjfnDIF6>

air - <https://schools.ruthmiskin.com/training/view/fM+MBhUo/F804fM9j>

ir - <https://schools.ruthmiskin.com/training/view/NDJKFZF6/AA6FwEh9>

ou - <https://schools.ruthmiskin.com/training/view/RsOxZC4E/skoyt33P>

oy - <https://schools.ruthmiskin.com/training/view/IFJGnUrG/EejXy9Gd>

Cornwall Partnership NHS Foundation Trust - Mental Health Support Team

Please see attached details of Parent/Carer Workshops which are set to run from January 2025. These are one-off, one hour long, online workshops with our Mental Health Practitioners. These are open to everybody; people do not need to have a mental health need to join.

Behaviour Workshop - <https://forms.office.com/e/1PwGDXSQ40>

Sleep Workshop - <https://forms.office.com/e/7ac7qHLPbc>

Worry Workshop - <https://forms.office.com/e/YR5MeEwtEF>

Resilience Workshop - <https://forms.office.com/e/TE2UmBZrHK>

The Pen

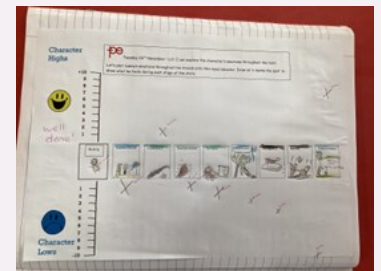
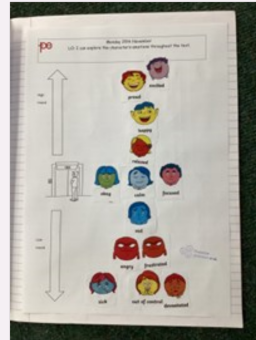
Nursery & Foundation Team

This week we have been learning about the changing seasons and noticing the differences in our outdoor environment as we move into Winter. We have been talking about the windy, wet days we have been experiencing and the changes in temperature. In particular, we have been thinking about how we protect ourselves from the cold and wet, with the outdoor clothing we wear. We have been watching the squirrels in the trees on our balcony and finding out about how animals prepare for Winter. We have researched some facts from our non-fiction books and from 'Discovery Education' clips about hibernating animals. Through our class discussions, we discovered that some children have seen hedgehog boxes in people's gardens and we talked about the nests that hedgehogs create under leaves in their natural environments and why we must be careful not to disturb them. We have been learning how to draw hedgehogs, sometimes adding our own labels and captions. We have also been experimenting with collaging hedgehog shapes using natural materials. Next week we are going to make our own model hedgehogs from clay and twigs.



Year 1/2 Team

This week in English, Year 2 have been exploring emotions. We have talked about the many different words for emotions we feel...not just "happy" and "sad". We have placed feelings on a mood elevator and talked about whether they are high mood or low mood. Thank you Ava M, for a great representation of this. We have focused on the emotions of Sunny the meerkat from our text, Meerkat Mail. The children did a fantastic job of plotting Sunny's changing moods as he progresses through his travels in the story. They completed a character feeling map and the 'x marks the spot' shows what Sunny was feeling in each place that he visited. Manny's learning shows the highs and lows throughout the story.



Year 3/4 Team

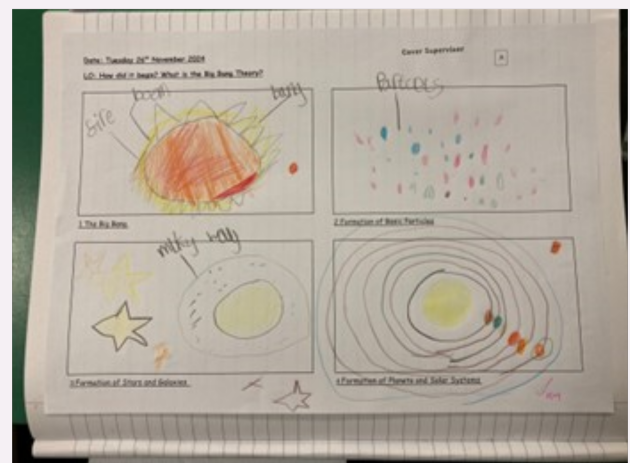
You might think you know the story of The Three Little Pigs. But do you know the TRUE story? That is, the version told by the wolf? Year 4 have been reading this version and have discovered that in fact the wolf was entirely innocent....well, according to him!

In our English lessons, we have been learning how to write persuasive letters, using particular techniques, in order to help the wolf write a letter to the judge to persuade him that there has been a huge misunderstanding and that he should be allowed to go free. Would you be convinced?



Year 5/6 Team

This week, Year 5 have been learning about the creation of our universe. We have learned about 'The Big Bang', when it took place and the stages which have resulted in our universe. The children have drawn their own interpretations of the four main stages of The Big Bang, mind blowing stuff!





COME AND ENJOY SOME WINTER FUN!

Dear Hero and Family,

We would like to invite you to join us at our next heroes event. Each half term we run a fun afterschool event to support our service families. This half term we are having a special winter themed party! Come and enjoy some games, crafts and a hotdog too.

The party will take place on Monday 9th December 2024, 3.15pm-4.45pm in the school hall. This event is open to the whole family including siblings that have moved to another school or are not yet at school.

Please complete the online reply slip on the reverse of this invite by Tuesday 3rd December, so that we can order food appropriately.

I look forward to seeing you there!

Mrs Monks

Heroes and Hotdogs RSVP

Monday 9th December 2024 3.15pm-4.45pm

Please scan the QR code/click the link to respond to the event.

<https://forms.office.com/e/rfYVdfzm94>

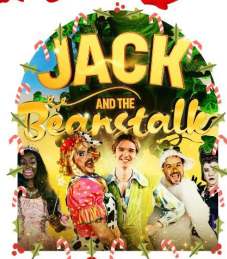
Heroes and Hotdogs RSVP



CHRISTMAS SHOWS AT PARC EGLOS!

We are delighted to announce that as part of our Christmas festivities, the children at Parc Eglos School will have the opportunity to attend the events below on Monday 9th December!

Please log onto ParentPay to pay (price includes travel cost for KS2).



Jack & The Beanstalk at The Hall For Cornwall!

£22
KS2



The Christmassy Christmas Show of Christmassy Christmasness with Squashbox Theatre!
(in the school hall)



Christmas with FRIENDS OF PE

Christmas Fayre - Friday 6th Dec 4.30-6.30pm
Join us in the school hall for a whole load of festive fun - Raffle, Stalls, Games & more!

Raffle: Cash Prize and Hampers up for grabs! Drawn at 5.30pm on 6th Dec. Please bring a donation for your class hamper by 4th Dec (themes to be announced).

Plus an extra chance to win! Food Bank Donation
One class hamper will be set aside for one lucky winner...to be in with a chance & if you're able, bring an extra donation of a non-perishable food item by 13th Dec (tinned veg, dried, stuffing mix, jarred sauces, Christmas Pudding, tinned custard, biscuits, non-alcoholic drink, selection boxes, etc - must be in date for Christmas). To be drawn Fri 13th Dec.

To book a stall at the Christmas Fayre, please email us on parceglfriends@gmail.com

CHRISTMAS JUMPER PHOTOS ARE BACK!
Friday 6th December is Christmas Jumper Day.

As part of our fundraising for the school, The Friends of Parc Eglos will be taking photos of both school and nursery children in their Christmas jumpers (over non-uniform) with your consent. It is possible to order both individual and sibling photos which will be presented in lovely Christmas themed card photo frames, ideal for gifts. The cost of each photo will be £3. Only photos pre-ordered by 29th November will be taken on the 6th December. To confirm your order, please fill out the form [HERE](#) and send payment either by BACS or cash to the office. Please pay the correct amount and use 'P CHILDREN NAME CLASS' (eg 3B) as the reference when paying by BACS. 'P' will let us know what the payment is for.

Photos will be taken with a school camera and stored to be printed then deleted.

LETTERS FROM THE NORTH POLE

We have a direct line to the North Pole where Santa will be delivering beautiful personalised letters to children. To order yours please go [HERE](#) by 29th Nov. Letters are £2.50 each. Payment via BACS or cash to the office. Please use your child's name and class eg. 3B, as the reference.

BACS PAYMENT INFO:
Friends of Parc Eglos School, Sort Code 30-94-07, Account Number 00877929 or by cash to the office.

Please note that BACS payments are preferable where possible.

parceglfriends@gmail.com

Christmas AT PARC EGLOS

EYFS Christmas Play - Monday 16th December at 2pm in the hall
Tickets available from the office from Monday 2nd December (2 per child, free of charge)

Year 1 Christmas Play - Tuesday 17th December at 5:30pm in the hall
Tickets available from the office from Monday 2nd December (2 per child, free of charge)

Year 2 sing-a-long - Wednesday 18th December at 3:15pm in the hall
Tickets available from the office from Monday 2nd December (2 per child, free of charge)

Year 3 sing-a-long - Friday 13th December at 3:15pm in the hall
Tickets available from the office from Monday 2nd December (2 per child, free of charge)

Year 4/5/6 Christingle - Thursday 12th December at 1:30pm & 5:30pm at St Michael's Church
No tickets required (separate letter has been sent out)

What Parents & Carers Need to Know about INFLUENCERS

In today's digital age, social media influencers play an increasingly significant role in shaping the opinions, interests and behaviours of our children. While many of these individuals can have a positive effect, influencer culture can also present certain risks - such as encouraging consumerism, affecting self-esteem and blurring trustworthiness. To help ensure a safe online environment for young people, it's vital to maintain open communication, set sensible boundaries, promote a healthy self-image and teach digital media literacy. Our guide delves deeper into all of these.

WHAT ARE THE RISKS?

- HEIGHTENED CONSUMERISM**
A major way that influencers make money is through brand partnerships and sponsored content. As a result, children who follow them may be exposed to a steady stream of advertising. This can lead to materialistic attitudes, unrealistic expectations and an increased desire to have the latest products. Many influencers have built huge brand empires around their large, impressionable following.
- THE SOFT SELL**
Some influencers aren't always transparent about the motivations behind their posts, blurring the lines between genuine recommendations and paid-for promotions - and young people sometimes find it difficult to distinguish authentic content from advertising. Many major social platforms have taken steps to make sponsored content and ads easier to identify, but it remains an area of concern.
- PRIVACY CONCERNS**
Inspired by their favourite influencers, children may start sharing more of their own lives online - which could reveal personal information or details about their daily routine. This openness can put them at risk of cyberbullying or even predatory behaviour. This is exacerbated by live streaming, which gives young people no time to consider the potential consequences of saying too much.
- UNDERMINING SELF-ESTEEM**
Many influencers share images and videos of themselves and their activities, which are often painstakingly curated and edited to present an idealised version of their life. Children who follow these influencers may develop distorted expectations about body image and the concept of beauty, which can potentially lead to negative self-esteem and even mental health issues.

Advice for Parents & Carers

- KEEP TALKING**
Chat to your child about the content they consume on social media and the influencers that they like. Encourage them to think critically about what they see and hear online, and listen to any concerns they might have. Maintaining this line of open, honest communication can help your child to make informed decisions about which individuals they follow and what content they engage with.
- SET SOME BOUNDARIES**
Agree age-appropriate boundaries for your child's social media use, including time limits and privacy settings (the two major operating systems on mobile devices, Android and iOS, have these controls baked in). Try to keep an eye on your child's online activity and discuss it regularly with them - including reminding them of the potential risks that can arise from following influencers.
- SUPPORT A HEALTHY SELF-IMAGE**
Reinforce your child's awareness that real life isn't usually as picture perfect as it may appear on social media - and how some content (particularly that of influencers) is often curated, staged or edited to look more glamorous. If possible, highlight examples of other influencers who share authentic, relatable material which acknowledges their imperfections and struggles as well.
- PROMOTE MEDIA LITERACY**
Talk to your child about the concepts of sponsored content, advertising and potential influence bias. Teach them to critically evaluate the information they're presented with online and to consider the possible reasons behind content creation. This can help young people develop the skills to make healthier decisions about the influencers they choose to follow and the content they consume.

Meet Our Expert
A former director of digital learning and currently a deputy headteacher and DSL, Sarah O'Shea's extensive and essential knowledge is clear. Sarah has worked with parents and carers to help them understand the potential risks of children's online activity and what strategies help to ensure that the online world remains a safe and positive experience for all.

National Online Safety
#WakeUpWednesday

www.nationalonlinesafety.com

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 24.05.2023