



The Pen

Parc Eglos News

Messages from Mrs Sanderson

Substantive Deputy Headteacher

Recently, I shared the exciting news that we would be appointing a new Deputy Headteacher for our school. The recruitment process attracted 16 applicants, a testament to the strong appeal of our school. After careful consideration, we shortlisted six candidates. Following a rigorous interview process, supported by our dedicated staff and amazing student council, I am thrilled to announce that Mrs. Helen O'Kane will be joining us in April 2025

Mrs. O'Kane brings a wealth of leadership experience and deep curriculum expertise to our school. She is a familiar face in Helston, having taught at St Michael's CoE Primary School for four years before advancing to the role of Assistant Headteacher at Bosvigo Primary School. She later led the Kernow English Hub for the Department for Education (DfE), before eventually taking on her current position as Headteacher of Nancledra Primary School.

We are confident that Mrs. O'Kane will be a tremendous asset to Parc Eglos School, contributing significantly as we continue our journey of school improvement.

Miss Morris-Marsham has kindly agreed to extend her secondment until the end of March, to ensure continued leadership capacity for our school.

Have a great week everyone

Vicky Sanderson

Calendar

Additions in white

- 25.11.24 - Food bank donations open
- 29.11.24 - Year 1 History afternoon
- 3.12.24 - Uniform Shop FREE 3pm
- 5.12.24 - Godrevey at Helston Museum
- 6.12.24 - Rinsey at Helston Museum
- 6.12.24 - PTA Christmas Fayre 4.30pm
- 9.12.24 - Panto KS2 - Squashbox KS1
- 11.12.24 - Christmas dinner day
- 12.12.24 - Year 4, 5 & 6 Christingle
- 12.12.24 - Nursery Christmas Craft Afternoon 1.30 to 2.30
- 13.12.24 - Food bank donations close
- 13.12.24 - Year 3 Christmas Singalong 3.15pm (in the hall)
- 16.12.24 - EYFS Christmas Play - Matinee*
- 17.12.24 - Year 1 Christmas Play - Evening*
- 18.12.24 - Year 2 Christmas Singalong 3.15pm (in the hall)
- 20.12.24 - Last day of term
- 25.02.25 - Cross Country Race 4*
- 29.04.25 - Cross Country Race 5*
- 13.05.25 - Cross Country Race 6 *

* More information to follow

** More information overleaf

Team Points!

<u>Davy</u>	<u>Trevithick</u>	<u>Kingsley</u>	<u>Trengrouse</u>
834	777	948	736



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PUPIL OF THE WEEK

CERTIFICATE OF ACHIEVEMENT

Proudly presented to

YR Gunwalloe	Ava and Theo	Y3 Crantock	Alexander and Ella
YR Poldhu	Arthur and Emily	Y4 Coverack	Oliver and Harry C
Y1 Rinsey	Elliot and Phillip	Y4 Gwithian	Orla and Stephanie
Y1 Godrevy	Chloe and Benji	Y5 Sennen	Reubyn and Katie
Y2 Swanpool	Senara and Harva	Y5 Zennor	Ivy and Leyton
Y2 Maenporth	Mateo and Charlie	Y6 Fistral	Kian and Josh
Y3 Portreath	Trudy and Grace	Y6 Holywell	Rex and Alfie B

Boomerang Booking links

	Breakfast Club	After School Club
Week commencing 2nd December	https://forms.gle/pQRCTwynLkCj7BED8	https://forms.gle/VSNkr6gZCmgEWqAC8
Week commencing 9th December	https://forms.gle/b83aCGGh8aofv45t7	https://forms.gle/bpNEz9wYgBiJKoMu6
Week commencing 16th December	https://forms.gle/pz9KXp62ggaY5hLD6	https://forms.gle/7enZhSyqKLGgzUUA



In our assembly this afternoon, we have spoken about the important work which Food Banks do within our local community. Here at Parc Eglos, we would like to support our local Food Bank this Christmas, by collecting donations of food, which can support vulnerable families over the festive period.

The Helston and Lizard Food Bank would appreciate donations of:

tinned veg (e.g. peas, sweetcorn), stuffing mix, gravy mix, cranberry sauce, bread sauce, apple sauce, jars of pickles, tinned ham or salmon, Christmas pudding, custard, mince pies (if these will be in date on 25th Dec), cakes, non-alcoholic drinks, savoury biscuits, biscuits and sweets, selection boxes, chocolates, net of coins, crisps.

If every family who can, brought in 1 thing, we could really make a difference. Thank you

Feedback

Thank you so much to everyone who attended our parent consultations last week, either face-to-face or by phone. It was brilliant for our teachers to be able to share your child's progress with you. If you'd like to give any feedback on the meetings or reports, please click the link:

<https://forms.office.com/e/SCFSxnJHq1>

The Pen

Please use the links below to access the Speeding Up Word Reading videos for each colour Storybook.

Green – <https://schools.ruthmiskin.com/training/view/mLfC3pVM/zw8mDmY>

Purple – <https://schools.ruthmiskin.com/training/view/XqJf01CQ/C25JUyDP>

Pink – <https://schools.ruthmiskin.com/training/view/xDWulg1q/pU7BUIWn>

Orange – <https://schools.ruthmiskin.com/training/view/frZi8cAU/KWEzhmRO>

Yellow – <https://schools.ruthmiskin.com/training/view/SyrTd0Q2/mD9HAZbB>

Blue – <https://schools.ruthmiskin.com/training/view/ncK095cE/Bj27nkXN>

Grey – <https://schools.ruthmiskin.com/training/view/prPOoOJ9/x6fLugtt>

Letters

Please check out our website:

<https://parc-eglos.croftymat.org/parents/newsletter/>

for a list of recent communication or alternatively ring the school office to speak to a member of the team.



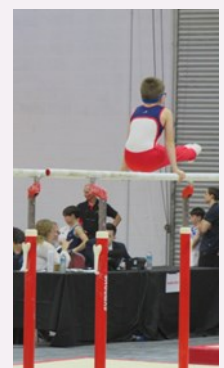
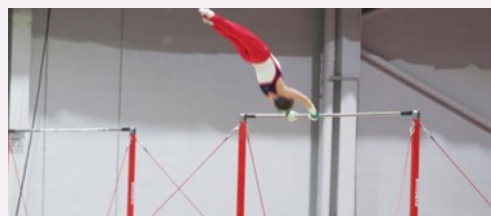
Toy Sale

Thank you to everyone who came along to our toy sale on Wednesday we made a grand total of £77.20 to spend on PEAP resources to improve our lunchtime provision. Thank you so much for all of the toy donations—it was a real success!

National Gymnastic Competition

Sawyer from Year 5 attended the National gymnastic competition on Saturday 2nd November.

Sawyer represented the South West at the event in Telford and was 3rd in his SW team. He was competing against other gymnasts from all over England, Wales and Scotland. Overall he finished 34th in the whole of the United Kingdom in a very tightly packed leader board. He and his team did themselves proud with some amazing performances. Well done to everyone!



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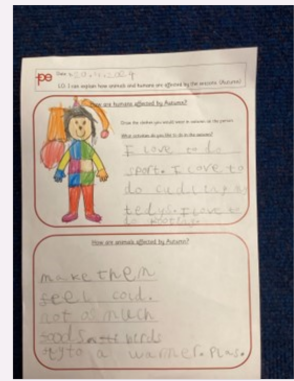
Nursery & Foundation Team

The nursery children have been gaining confidence in trying new things this week and testing their skills. We have been learning how to balance on a wooden beam and move across the benches in different ways during our PE time. The Starfish & Tiddlers had a wonderful time jumping off the big rocks in the nursery garden and splashing into the puddles too. They remembered to bend their knees when landing and made some huge splashes! The children have also been working hard to put on their own coats and waterproofs this week, ready for outdoor learning. Last week, on World Kindness Day the children talked about how we can be kind to others, they then delivered sweet treats around the school to show an act of kindness to the people that help us in school.



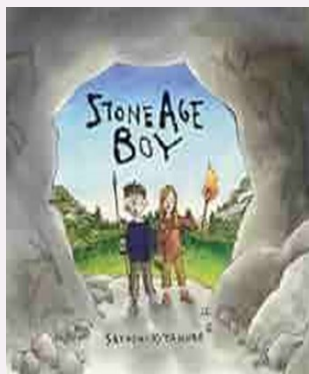
Year 1/2 Team

Godrevy and Rinsey classes have been super engaged and curious as scientists learning about seasons. This week they have explored Autumn and considered what affect autumn has on animals and humans. They thought hard about what clothes they might wear and discussed at great length how animals may hibernate, eat lots, fly to a warmer place and grow thicker coats. We can't wait to look at the rest of the seasons.



Year 3/4 Team

Thank you to all the parents who came to our maths information afternoon. It was wonderful to share how we teach maths with you. Thank you, as always, for your wonderful support. In Year 3, we are nearing the end of our literacy unit on Stone Age Boy. It has been such an exciting topic, writing about our main character and their transportation to the Stone Age through a hole in the ground! Each day we have been writing about the adventures our main character has found themselves on, including spear fishing and coming face to face with a terrifying bear! We are looking forward to letting the children write their own piece based on this unit and to see their brilliant imaginations and creativity spilling into their writing!



Year 5/6 Team

Year 6 have been working hard this week writing suspense stories based on a story we have learned, called 'Kidnapped!'. The children have been telling the story with great enthusiasm and expression - really bringing the drama of the story to life. We have explored language features that writers use to create suspense (such as the use of dark similes, onomatopoeia and short sentences) and the children have tried to use these elements as writers themselves to create a suspenseful back story for one of our characters. Mrs Dyer and Miss Giddings are looking forward reading them - we'll just need to make sure we don't do this late at night!!

Holywell have continued to enjoy their swimming and be fabulous ambassadors for our school - both in the way they are walking to and from the Leisure Centre and their behaviour there. They have been really working hard in the pool, with all groups swimming increasing long distances to develop their stamina as swimmers. It really is a pleasure to see them working so hard and with such enthusiasm.

What Parents & Carers Need to Know about INFLUENCERS

In today's digital age, social media influencers play an increasingly significant role in shaping the opinions, interests and behaviours of our children. While many of these individuals can have a positive effect, influencer culture can also present certain risks – such as encouraging consumerism, affecting self-esteem and blurring trustworthiness. To help ensure a safe online environment for young people, it's vital to maintain open communication, set sensible boundaries, promote a healthy self-image and teach digital media literacy. Our guide delves deeper into all of these.

WHAT ARE THE RISKS?

HEIGHTENED CONSUMERISM

A major way that influencers make money is through brand partnerships and sponsored content. As a result, children who follow them may be exposed to a steady stream of advertising; this can lead to materialistic attitudes, unrealistic expectations and an increased desire to have the latest products. Many influencers have built huge brand empires around their large, impressionable following.

THE SOFT SELL

Some influencers aren't always transparent about the motivations behind their posts, blurring the lines between genuine recommendations and paid-for promotions – and young people sometimes find it difficult to distinguish authentic content from advertising. Many major social platforms have taken steps to make sponsored content and ads easier to identify, but it remains an area of concern.

PRVACY CONCERNS

Inspired by their favourite influencers, children may start sharing more of their own lives online – which could reveal personal information or details about their daily routine. This openness can put them at risk of cyberbullying or even predatory behaviour. This is exacerbated by live streaming, which gives young people no time to consider the potential consequences of saying too much.

UNDERMINING SELF-ESTEEM

Many influencers share images and videos of themselves and their activities, which are often painstakingly curated and edited to present an idealised version of their life. Children who follow these influencers may develop distorted expectations about body image and the concept of beauty, which can potentially lead to negative self-esteem and even mental health issues.

Advice for Parents & Carers

KEEP TALKING

Chat to your child about the content they consume on social media and the influencers that they like. Encourage them to think critically about what they see and hear online, and listen to any concerns they might have. Maintaining this line of open, honest communication can help your child to make informed decisions about which individuals they follow and what content they engage with.

SET SOME BOUNDARIES

Agree age-appropriate boundaries for your child's social media use, including time limits and privacy settings (the two major operating systems on mobile devices, Android and iOS, have these controls baked in). Try to keep an eye on your child's online activity and discuss it regularly with them – including reminding them of the potential risks that can arise from following influencers.

SUPPORT A HEALTHY SELF-IMAGE

Reinforce your child's awareness that real life isn't usually as picture perfect as it may appear on social media – and how some content (particularly that of influencers) is often curated, staged or edited to look more glamorous. If possible, highlight examples of other influencers who share authentic, relatable material which acknowledges their imperfections and struggles as well.

PROMOTE MEDIA LITERACY

Talk to your child about the concepts of sponsored content, advertising and potential influencer bias. Teach them to critically evaluate the information they're presented with online and to consider the possible reasons behind content creation. This can help young people develop the skills to make healthier decisions about the influencers they choose to follow and the content they consume.

Meet Our Expert

A former director of digital learning and currently a deputy headmaster and DSL, Brendan O'Keefe's experience and expertise gives him a clear insight into how modern digital systems impact the experience of children, staff and parents – and which strategies help to ensure that the online world remains a useful educational tool rather than a minefield of risks.



NOS National Online Safety
#WakeUpWednesday

@atnlinesafety

/NationalOnlineSafety

@nationalonlinesafety

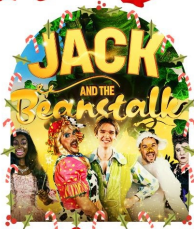
@national_online_safety

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CHRISTMAS SHOWS AT PARC EGLOS!

We are delighted to announce that as part of our Christmas festivities, the children at Parc Eglos School will have the opportunity to attend the events below on Monday 9th December!

Please log onto ParentPay to pay (price includes travel cost for KS2).



**Jack & The
Beanstalk at
The Hall For
Cornwall!**

£22

KS2



**The Christmassy
Christmas Show of
Christmassy
Christmasness with
Squashbox Theatre!**
(in the school hall)



**Starfish,
Foundation & KS1**

PARC EGLOS OPEN MORNING



Is your child due to start school in September 2025?

Are you looking for the best start for your child's education?

Come and visit Parc Eglos School at our open mornings!

Wednesday 6th November & Thursday 28th November.
Drop in any time between 10.30-11.30am.

For more information, please ring 01326 572998.

MUSEUM OF
**CORNISH
LIFE**
HELSTON

CHRISTMAS CRAFT Fayre

23 NOVEMBER 10AM-4PM
FREE ENTRY

**CRAFT STALLS, REFRESHMENTS,
STORYTELLING & SANTAS GROTTA**

MUSEUM OF CORNISH LIFE
www.museumofcornishlife.co.uk

Christmas with
**FRIENDS OF
pe**

Christmas Fayre - Friday 6th Dec 4.30-6.30pm
Join us in the school hall for a whole load of festive fun - Raffle, Stalls, Games & more!

Raffle: Cash Prize and Hampers up for grabs! Drawn at 5.30pm on 6th Dec.
Please bring a donation for your class hamper by 4th Dec (themes to be announced).

Plus an extra chance to win! Food Bank Donation
One class hamper will be set aside for one lucky winner...to be in with a chance & if you're able, bring an extra donation of a non-perishable food item by 13th Dec (tinned veg, dried, stuffing mix, jarred sauces, Christmas Pudding, tinned custard, biscuits, non-alcoholic drink, selection boxes, etc - must be in date for Christmas). To be drawn Fri 13th Dec.

To book a stall at the Christmas Fayre, please email us on parceglfriends@gmail.com

CHRISTMAS JUMPER PHOTOS ARE BACK!
Friday 6th December is Christmas Jumper Day.

As part of our fundraising for the school, The Friends of Parc Eglos will be taking photos of both school and nursery children in their Christmas jumpers (over non-uniform) with your consent. It is possible to order both individual and sibling photos which will be presented in lovely Christmas themed card photo frames, ideal for gifts. The cost of each photo will be £3.
Only photos pre-ordered by 29th November will be taken on the 6th December.
To confirm your order, please fill out the form [HERE](#) and send payment either by BACS or cash to the office. Please pay the correct amount and use 'P CHILDS NAME CLASS' (eg 3B) as the reference when paying by BACS. 'P' will let us know what the payment is for.
Photos will be taken with a school camera and stored to be printed then deleted.

LETTERS FROM THE NORTH POLE
We have a direct line to the North Pole where Santa will be delivering beautiful personalised letters to children. To order yours please go [HERE](#) by 29th Nov.
Letters are £2.50 each. Payment via BACS or cash to the office.
Please use your child's name and class eg. 3B, as the reference.

BACS PAYMENT INFO:
Friends of Parc Eglos School, Sort Code 30-94-07, Account Number 00877929
or by cash to the office.
Please note that BACS payments are preferable where possible.
parceglfriends@gmail.com