



## After School Clubs – November/December 2024

After school clubs with Jo Simms will be continuing after half term.

Please see details below:

Mondays 3.15-4.15pm: Cheer Dance Year 3 & 4 - £24 (6 weeks 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup> November, 2<sup>nd</sup>, 9<sup>th</sup> December)

Tuesdays 3.15-4.15pm: Cheer Dance Year 1 & 2 - £24 (6 weeks 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup> November, 3<sup>rd</sup>, 10<sup>th</sup> December)

Wednesdays 3.15-4.15pm: Stretch & Relax Year 3 & 4 - £24 (6 weeks 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup> November, 4<sup>th</sup>, 11<sup>th</sup> December)

Thursdays 3.15-4.15pm: Cheer Dance Year 1 & 2 - £24 (6 weeks 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup> December, 5<sup>th</sup>, 12<sup>th</sup> December)

Fridays 3.15-4.15pm: Cheer Dance for Year 2 & 3 - £20 (5 weeks 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup> November, 13<sup>th</sup> December)

The Stretch & Relax includes some yoga, pilates, other exercises for flexibility and strength and will end with some relaxation.

There will also be Cheer Dance (a combination of cheerleading and dance).

If you would like to book a place, please contact Jo Simms by email [jo@oceanacademyofdance.co.uk](mailto:jo@oceanacademyofdance.co.uk) by **25<sup>th</sup> October**.

There are only 12 spaces available, once your space is confirmed Jo will send you payment details to book in. A waiting list will be started for anyone unsuccessful this time.