



Jo Simms – Ocean Academy of Dance is able to offer some new after school clubs this term for Years 1-3.

There is Stretch & Relax (which will include some yoga, pilates, other exercises for flexibility and strength and will end with some relaxation).

There will also be Cheer Dance (a combination of cheerleading and dance).

Please see details below:

Mondays 3.15-4.15pm: Stretch & Relax for Year 1 (5 classes 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup> Sept, 7<sup>th</sup>, 21<sup>st</sup> Oct) £20

Tuesdays 3.15-4.15pm: Stretch & Relax for Year 2 (6 classes 17<sup>th</sup>, 24<sup>th</sup> Sept, 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> Oct) £24

Wednesdays 3.15-4.15pm: Stretch & Relax for Year 3 (6 classes 18<sup>th</sup>, 25<sup>th</sup> Sept, 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> Oct) £24

Thursdays 3.15-4.15pm: Cheer Dance for Years 1 & 2 (6 classes 19<sup>th</sup>, 26<sup>th</sup> Sept, 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> Oct) £24

Fridays 3.15-4.15pm: Cheer Dance for Years 2 & 3 (4 classes 20<sup>th</sup>, 4<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup> Oct) £16

If you would like to book a place, please contact Jo Simms by email [jo@oceanacademyofdance.co.uk](mailto:jo@oceanacademyofdance.co.uk) by **Friday 13<sup>th</sup> September**. There are only 12 spaces available for each club, once your space is confirmed Jo will send you payment details to book in. A waiting list for the following half term will be started for anyone unsuccessful this time.

**Jo Simms**

Ocean Academy of Dance