

# AUTUMN MENU

*Week one*

WEEK COMMENCING: 13.11.23, 04.12.23

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Pick a</i> <b>MAIN</b>	Macaroni Cheese, Focaccia Bread and Peas	Butchers Sausage with Gravy, Mashed Potato or Pasta, Fresh Carrots and Sweetcorn	Roast Chicken and Gravy, Roast Potatoes and 2 Fresh Vegetables	Beef Bolognese and Pasta, Garlic Focaccia Bread and Mixed Salad	Fish Fingers with Chips and Baked Beans or Peas
<i>Pick a</i> <b>MEAT-FREE MAIN</b>	5 Bean Chilli, Rice and Peas	Vegetable Cottage Pie with Fresh Carrots and Sweetcorn	Leek and Potato Bake, Roast Potatoes and 2 Fresh Vegetables	Sweet and Sour Vegetables Noodles and Mixed Salad	Quorn Sausage with Chips and Baked Beans or Peas
<i>Pick a</i> <b>JACKET POTATO</b>	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo
<i>Pick a</i> <b>DESSERT</b>	Flapjack	Banana Marble Cake	Fresh Fruit Platter	Lemon Drizzle Cake	Winter Spiced Cookie



Scan the QR code to view the allergens. Please be aware that allergens are updated regularly, therefore please check allergens before consumption of meals.

**FRESH FRUIT  
& YOGHURT  
SERVED DAILY**



# AUTUMN MENU

*Week two*

WEEK COMMENCING: 30.10.23, 20.11.23, 11.12.23

Pick a  
**MAIN**

MONDAY  
Ham and Cheese  
Pasta Carbonara  
Focaccia Bread and  
Peas

TUESDAY  
Salmon Fingers with  
Potato Wedges and  
Mixed Salad

WEDNESDAY  
Roast Turkey with  
Gravy, Roast  
Potatoes and  
2 Fresh Vegetables

THURSDAY  
BBQ Chicken with  
Rice or Pasta and  
Fresh Carrots and  
Peas

FRIDAY  
Sausage Roll with  
Chips and  
Baked Beans or  
Sweetcorn

Pick a  
**MEAT-FREE  
MAIN**

Mushroom Biryani,  
Focaccia Bread  
and Peas

Margherita Pizza  
with Potato Wedges  
and Mixed Salad

Roasted Vegetable  
Wellington,  
Roast Potatoes and  
2 Fresh Vegetables

Quorn Brunch with  
Hash Brown,  
Tomato, Mushroom  
and Peas

Vegetable Nuggets  
with Chips and  
Baked Beans or  
Sweetcorn

Pick a  
**JACKET  
POTATO**

Cheese / Beans /  
Tuna Mayo

Cheese / Beans /  
Tuna Mayo

Cheese / Beans /  
Tuna Mayo

Cheese / Beans /  
Tuna Mayo

Cheese / Beans /  
Tuna Mayo

Pick a  
**DESSERT**

Fruity Flapjack

Carrot Cake

Fruity Jelly

Autumn  
Apple Cake

Chocolate Cookie



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**FRESH FRUIT  
& YOGHURT  
SERVED DAILY**

# AUTUMN MENU

*Week three*

WEEK COMMENCING: 06.11.23, 27.11.23, 18.12.23

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Pick a</i> <b>MAIN</b>	Cheesy Tomato Pasta with Focaccia Bread and Sweetcorn	Brunch with Hash Brown Baked Beans or Peas	Chicken Korma with Rice and Fresh Carrots and Sweetcorn	Beef Lasagne with Garlic Focaccia and Peas	Fish Cake with Chips and Salad Sticks
<i>Pick a</i> <b>MEAT-FREE MAIN</b>	Quorn Sausage Cassoulet with Focaccia Bread and Sweetcorn	Sweet Potato and Butternut Korma with Rice and Peas	Vegetable Pizza with Pommes Noisettes and Fresh Carrots and Sweetcorn	Vegetable Potato Boats with Garlic Focaccia and Peas	Cheese and Bean Pasty with Chips and Salad Sticks
<i>Pick a</i> <b>JACKET POTATO</b>	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo
<i>Pick a</i> <b>DESSERT</b>	Jam and Coconut Sponge	Chocolate Krispie Cake	ABC Cake	Fresh Fruit Platter	Orange Cookie



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**FRESH FRUIT  
& YOGHURT  
SERVED DAILY**

