

AUTUMN MENU Veek one

Week Commencing: 05.09.23, 25.09.23, 16.10.23

Picker 5 Bean Chilli, MEAT-FREE 5 Bean Chilli, Rice and Peas Vegetable Cottage Pie with Fresh Carrots and Sweetcorn Bake, Roast Potatoes Vegetables Noodles and Nixed Salad Beans or Peas	Witter Spiced Macaroni Cheese, Beans / Tuna Mayo Butchers Sausage with Gravy, Mashed prototo or Pasta, Gravic, Potribes and 2 Fresh Vegetables Beef Bolognese and Pasta, Garic Focaccia Bread and Mixed Salad Fish Fingers with Chips and Baked Beans or Peas Wegetable 5 Bean Chilli, Rice and Peas Vegetable Cottage Pie with Fresh Carrots and Sweetcom Leek and Potato and 2 Fresh Vegetables Sweet and Sour Vegetables and Mixed Salad Quorn Sausage with Chips and Baked Beans or Peas Wegetable Carrots and Sweetcom Leek and Potato Saus Age tables Sweet and Sour Vegetables and Mixed Salad Quorn Sausage with Chips and Baked Beans or Peas Wegetable Carrots and Sweetcom Leek and Potato Saus Age tables Sweet and Sour Vegetables and Mixed Salad Quorn Sausage with Chips and Baked Beans or Peas Wegetable Carrots and Sweetcom Leek and Potato Saus Age tables Sweet and Sour Vegetables and Mixed Salad Guorn Sausage with Chips and Baked Beans or Peas Wegetables Mam Sandwich Cheese / Beans / Tuna Mayo Cheese Sandwich Cheese / Beans / Tuna Mayo Winter Spiced Cookie Banana Erech Enuit Platter Lemon Drizzle Coke Winter Spiced Cookie						
Macaroni Cheese, Focaccia Bread and Peas Macaroni Cheese, Focaccia Bread and Peas with Gravy, Mashed Potato or Pasta, Fresh Carrots and Sweetcom Roder Chick Road Gravy, Roads Potatoes and 2 Fresh Vegetables Destr Booghese and Posta, Garlic Focaccia Bread and Mixed Salad Fish Fingers with Chips and Baked Beans or Peas Image: Potato or Pasta, and Peas 5 Bean Chilli, Rice and Peas Vegetable Cottage Pie with Fresh Carrots and Sweetcom Leek and Potato Bake, Roast Potatoes and 2 Fresh Vegetables Sweet and Sour Vegetables Quorn Sausage with Chips and Baked Beans or Peas Image: Potato Corrots Cheese / Beans / Tuna Mayo Ham Sandwich Cheese / Beans / Tuna Mayo Cheese Sandwich Cheese / Beans / Tuna Mayo	Macaroni Cheese, and Peas with Gravy, Mashed Potato or Pasia, Fresh Carrots and Sweetcom Modaroni Cheese, Potato or Pasia, Fresh Carrots and Sweetcom Modaroni Cheese, Potato er Pasia, Potato er Pasia, P		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRiday
S Bean Chilli, Rice and Peas S Bean Chilli, Rice and Peas Pie with Fresh Carrots and Sweetcorn Bake, Roast Potatoes and 2 Fresh Vegetables Vegetables Noodles and Mixed Salad Outorn Sausage with Chips and Baked Beans or Peas Wither Spiced Cookie Cheese / Beans / Tuna Mayo Ham Sandwich Cheese / Beans / Tuna Mayo Cheese Sandwich Cheese / Beans / Tuna Mayo	S Bean Chilli, Rice and Peas S Bean Chilli, Rice and Peas Pie with Fresh Carrots and Sweetcom Bake, Roast Potatoes and 2 Fresh Vegetables Vegetables Vegetables Chips and Baked Beans or Peas Image: Provide and Peas Cheese / Beans / Tuna Mayo Ham Sandwich Cheese / Beans / Tuna Mayo Flapjack Banana Marble Cake Fresh Fruit Platter Lemon Drizzle Cake Winter Spiced Cookie		Focaccia Bread	with Gravy, Mashed Potato or Pasta, Fresh Carrots and	Gravy, Roast Potatoes and	Pasta, Garlic Focaccia Bread and	Chips and
Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo Ham Sandwich Cheese / Beans / Tuna Mayo Cheese Sandwich Cheese / Beans / Tuna Mayo Cheese / Beans / Tuna Mayo Flapjack Banana Marble Cake Fresh Fruit Platter Lemon Drizzle Cake Winter Spiced Cookie	Pick a MEAT-FREE	Rice and	Pie with Fresh Carrots and	Bake, Roast Potatoes and 2 Fresh	Vegetables Noodles and	Chips and Baked
	Prapjack Marble Cake Prest Profit Platter Lethon Drizzle Cake Control optical coolde	Pick a DJACKET DOTATO		Ham Sandwich		Cheese Sandwich	
		Pick a ESSERT	Flapjack		Fresh Fruit Platter	Lemon Drizzle Cake	Winter Spiced Cookie



AUTUMN MENU Week two

Week Commencing: 11.09.23, 02.10.23

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRiday
Pick a MAIN	Ham and Cheese Pasta Carbonara Focaccia Bread and Peas	Salmon Fingers with Potato Wedges and Mixed Salad	Roast Pulled Beef with Gravy, Roast Potatoes and 2 Fresh Vegetables	BBQ Chicken with Rice or Pasta and Fresh Carrots and Peas	Sausage Roll with Chips and Baked Beans or Sweetcorn
Pick a MEAT-FREE MAIN	Mushroom Biryani, Focaccia Bread and Peas	Margherita Pizza with Potato Wedges and Mixed Salad	Roasted Vegetable Wellington, Roast Potatoes and 2 Fresh Vegetables	Quorn Brunch with Hash Brown, Tomato, Mushroom and Peas	Vegetable Nuggets with Chips and Baked Beans or Sweetcorn
Pick a PJACKET OTATO	Cheese / Beans / Tuna Mayo	Ham Sandwich	Cheese / Beans / Tuna Mayo	Cheese Sandwich	Cheese / Beans / Tuna Mayo
Pick a DESSERT	Fruity Flapjack	Carrot Cake	Fruity Jelly	Autumn Apple Cake	Chocolate Cookie
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AUTUMN MENU Veek three

Week Commencing: 18.09.23, 09.10.23

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRiday
Pick a MAIN	Cheesy Tomato Pasta with Focaccia Bread and Sweetcorn	Brunch with Hash Brown Baked Beans or Peas	Chicken Korma with Rice and Fresh Carrots and Sweetcorn	Beef Lasagne with Garlic Focaccia and Peas	Fish Cake with Chips and Salad Sticks
Pick a MEAT-FREE MAIN	Quorn Sausage Cassoulet with Focaccia Bread and Sweetcorn	Sweet Potato and Butternut Korma with Rice and Peas	Vegetable Pizza with Pommes Noisettes and Fresh Carrots and Sweetcorn	Vegetable Potato Boats with Garlic Focaccia and Peas	Cheese and Bean Pasty with Chips and Salad Sticks
Pick a PJACKET POTATO	Cheese / Beans / Tuna Mayo	Ham Sandwich	Cheese / Beans / Tuna Mayo	Cheese Sandwich	Cheese / Beans / Tuna Mayo
Pick a DESSERT	Jam and Coconut Sponge	Chocolate Krispie Cake	ABC Cake	Fresh Fruit Platter	Orange Cookie
			the QR code to view the gens. Please be aware tl		FRESH FRUIT & Yoghurt
10		allere Allere	gens. Please be aware in gens are updated regula fore please check allerg re consumption of meals	arty, jens	SERVED DAILY