

AUTUMN MENU Veek one

Week Commencing: 05.09.23, 25.09.23, 16.10.23

| Picker 5 Bean Chilli, MEAT-FREE 5 Bean Chilli, Rice and Peas Vegetable Cottage Pie with Fresh Carrots and Sweetcorn Bake, Roast Potatoes Vegetables Noodles and Nixed Salad Beans or Peas | Witter Spiced Macaroni Cheese, Beans / Tuna Mayo Butchers Sausage with Gravy, Mashed prototo or Pasta, Gravic, Potribes and 2 Fresh Vegetables Beef Bolognese and Pasta, Garic Focaccia Bread and Mixed Salad Fish Fingers with Chips and Baked Beans or Peas Wegetable 5 Bean Chilli, Rice and Peas Vegetable Cottage Pie with Fresh Carrots and Sweetcom Leek and Potato and 2 Fresh Vegetables Sweet and Sour Vegetables and Mixed Salad Quorn Sausage with Chips and Baked Beans or Peas Wegetable Carrots and Sweetcom Leek and Potato Saus Age tables Sweet and Sour Vegetables and Mixed Salad Quorn Sausage with Chips and Baked Beans or Peas Wegetable Carrots and Sweetcom Leek and Potato Saus Age tables Sweet and Sour Vegetables and Mixed Salad Quorn Sausage with Chips and Baked Beans or Peas Wegetable Carrots and Sweetcom Leek and Potato Saus Age tables Sweet and Sour Vegetables and Mixed Salad Guorn Sausage with Chips and Baked Beans or Peas Wegetables Mam Sandwich Cheese / Beans / Tuna Mayo Cheese Sandwich Cheese / Beans / Tuna Mayo Winter Spiced Cookie Banana Erech Enuit Platter Lemon Drizzle Coke Winter Spiced Cookie | | | | | | |
|--|--|-----------------------------|----------------|---|-------------------------------------|-------------------------------------|----------------------|
| Macaroni Cheese, Focaccia Bread and Peas Macaroni Cheese, Focaccia Bread and Peas with Gravy, Mashed Potato or Pasta, Fresh Carrots and Sweetcom Roder Chick Road Gravy, Roads Potatoes and 2 Fresh Vegetables Destr Booghese and Posta, Garlic Focaccia Bread and Mixed Salad Fish Fingers with Chips and Baked Beans or Peas Image: Potato or Pasta, and Peas 5 Bean Chilli, Rice and Peas Vegetable Cottage Pie with Fresh Carrots and Sweetcom Leek and Potato Bake, Roast Potatoes and 2 Fresh Vegetables Sweet and Sour Vegetables Quorn Sausage with Chips and Baked Beans or Peas Image: Potato Corrots Cheese / Beans / Tuna Mayo Ham Sandwich Cheese / Beans / Tuna Mayo Cheese Sandwich Cheese / Beans / Tuna Mayo | Macaroni Cheese, and Peas with Gravy, Mashed Potato or Pasia, Fresh Carrots and Sweetcom Modaroni Cheese, Potato or Pasia, Fresh Carrots and Sweetcom Modaroni Cheese, Potato er Pasia, Potato er Pasia, P | | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRiday |
| S Bean Chilli, Rice and Peas S Bean Chilli, Rice and Peas Pie with Fresh Carrots and Sweetcorn Bake, Roast Potatoes and 2 Fresh Vegetables Vegetables Noodles and Mixed Salad Outorn Sausage with Chips and Baked Beans or Peas Wither Spiced Cookie Cheese / Beans / Tuna Mayo Ham Sandwich Cheese / Beans / Tuna Mayo Cheese Sandwich Cheese / Beans / Tuna Mayo | S Bean Chilli, Rice and Peas S Bean Chilli, Rice and Peas Pie with Fresh Carrots and Sweetcom Bake, Roast Potatoes and 2 Fresh Vegetables Vegetables Vegetables Chips and Baked Beans or Peas Image: Provide and Peas Cheese / Beans / Tuna Mayo Ham Sandwich Cheese / Beans / Tuna Mayo Flapjack Banana Marble Cake Fresh Fruit Platter Lemon Drizzle Cake Winter Spiced Cookie | | Focaccia Bread | with Gravy, Mashed Potato or Pasta, Fresh Carrots and | Gravy, Roast Potatoes and | Pasta, Garlic Focaccia Bread and | Chips and |
| Cheese / Beans / Tuna Mayo | Cheese / Beans / Tuna Mayo Ham Sandwich Cheese / Beans / Tuna Mayo Cheese Sandwich Cheese / Beans / Tuna Mayo Cheese / Beans / Tuna Mayo Flapjack Banana Marble Cake Fresh Fruit Platter Lemon Drizzle Cake Winter Spiced Cookie | Pick a MEAT-FREE | Rice and | Pie with Fresh Carrots and | Bake, Roast Potatoes and 2 Fresh | Vegetables Noodles and | Chips and Baked |
| | Prapjack Marble Cake Prest Profit Platter Lethon Drizzle Cake Control optical coolde | Pick a DJACKET DOTATO | | Ham Sandwich | | Cheese Sandwich | |
| | | Pick a ESSERT | Flapjack | | Fresh Fruit Platter | Lemon Drizzle Cake | Winter Spiced Cookie |



AUTUMN MENU Week two

Week Commencing: 11.09.23, 02.10.23

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRiday |
|-----------------------------|---|---|--|--|--|
| Pick a MAIN | Ham and Cheese Pasta Carbonara Focaccia Bread and Peas | Salmon Fingers with Potato Wedges and Mixed Salad | Roast Pulled Beef with Gravy, Roast Potatoes and 2 Fresh Vegetables | BBQ Chicken with Rice or Pasta and Fresh Carrots and Peas | Sausage Roll with Chips and Baked Beans or Sweetcorn |
| Pick a MEAT-FREE MAIN | Mushroom Biryani, Focaccia Bread and Peas | Margherita Pizza with Potato Wedges and Mixed Salad | Roasted Vegetable Wellington, Roast Potatoes and 2 Fresh Vegetables | Quorn Brunch with Hash Brown, Tomato, Mushroom and Peas | Vegetable Nuggets with Chips and Baked Beans or Sweetcorn |
| Pick a PJACKET OTATO | Cheese / Beans / Tuna Mayo | Ham Sandwich | Cheese / Beans / Tuna Mayo | Cheese Sandwich | Cheese / Beans / Tuna Mayo |
| Pick a DESSERT | Fruity Flapjack | Carrot Cake | Fruity Jelly | Autumn Apple Cake | Chocolate Cookie |
| | • | allerg | the QR code to view the lens. Please be aware to lens are updated regula fore please check aller a consumption of meal | e that arly, gens | FRESH FRUIT & Yoghurt Served Daily |



AUTUMN MENU Veek three

Week Commencing: 18.09.23, 09.10.23

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRiday |
|-----------------------------|--|---|--|---|---|
| Pick a MAIN | Cheesy Tomato Pasta with Focaccia Bread and Sweetcorn | Brunch with Hash Brown Baked Beans or Peas | Chicken Korma with Rice and Fresh Carrots and Sweetcorn | Beef Lasagne with Garlic Focaccia and Peas | Fish Cake with Chips and Salad Sticks |
| Pick a MEAT-FREE MAIN | Quorn Sausage Cassoulet with Focaccia Bread and Sweetcorn | Sweet Potato and Butternut Korma with Rice and Peas | Vegetable Pizza with Pommes Noisettes and Fresh Carrots and Sweetcorn | Vegetable Potato Boats with Garlic Focaccia and Peas | Cheese and Bean Pasty with Chips and Salad Sticks |
| Pick a PJACKET POTATO | Cheese / Beans / Tuna Mayo | Ham Sandwich | Cheese / Beans / Tuna Mayo | Cheese Sandwich | Cheese / Beans / Tuna Mayo |
| Pick a DESSERT | Jam and Coconut Sponge | Chocolate Krispie Cake | ABC Cake | Fresh Fruit Platter | Orange Cookie |
| | | | the QR code to view the gens. Please be aware tl | | FRESH FRUIT & Yoghurt |
| 10 | | allere Allere | gens. Please be aware in gens are updated regula fore please check allerg re consumption of meals | arty, jens | SERVED DAILY |