

LIFE SKILLS	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
<p>EYFS 1 Tadpoles Frogs Both-(Tadpoles & Frogs)</p>	<p>Theme: My Family and Me</p> <p>Transition into the nursery with increasing confidence. Ask grown ups for help. Take turns and share resources, gain an understanding of why this is important. Think and talk about 'who is important to me?' Meet new friends/grown ups and learn their names. Build relationships with your key worker and seek them out. Learn new nursery routines, e.g. carpet time, snack</p>	<p>Theme: Traditions Around the World</p> <p>Play with increasing confidence and independence. Begin to develop friendships with other children. Express and talk about our feelings and emotions— happy, sad, scared, excited... Talk about the things that we are good at. Become more confident in new social situations. Have a go at trying new things. Help adults to carry out tasks.</p>	<p>Theme: On the Farm</p> <p>Express preferences and decisions and try new things Grow in independence and gain self help skills eg feeding and dressing yourself Become more outgoing with unfamiliar people in the safe context of the school eg meeting staff from around school and visitors Play with others, extending and elaborating play ideas With support, learn ways to accept the needs of others and give</p>	<p>Theme: People that Help Us</p> <p>Play alongside and with other children. Talk about different emotions through play and stories. Show care and concern for our peers and gain an understanding of how they might be feeling. Help to find solutions to conflicts, with adult support e.g. having two sticks each.</p>	<p>Theme: Safari and Jungle Explorers</p> <p>Become more confident when exploring new places e.g. around the town and around the school grounds. Talk about and manage emotions, with adult support when needed. Develop sense of responsibility and membership of the community within the nursery, school and Helston. Show a 'can do' attitude, seek challenge and manage risks in safe way. Learn how to keep ourselves safe in</p>	<p>Theme: Sea and Coastal Life</p> <p>Talk about your feelings in more elaborate ways e.g. I'm sad because... Notice and ask questions about differences e.g. skin colour, types of hair, gender, special needs/ disabilities. Talk with others to resolve conflicts. Show an understanding of how others might be feeling. Extend friendship groups by including other children in games. Gain confidence to talk to new adults and peers in school or new room.</p>

	<p>time, choosing time and lunch time. Select activities/ resources to play with.</p>		<p>comfort to those that are upset Encourage/allow others to join in with your games</p>	<p>Invite other children to join in play Be proud of your own accomplishments and share these with the group Recognise and talk about different emotions</p>	<p>different situations.</p>	<p>With adult support, adapt behaviour to different events e.g. sports day/ graduation/ transition days. Learn about beach flags and lifeguards-who are they, what do they wear and what do they do?</p>
<p>EYFS 2</p>	<p>Theme: My Family and Me /Autumn/ Cornwall Me and my Family - See themselves as a valuable individual. Build Constructive and respectful relationships.</p>	<p>Theme: Winter Wonderland Build constructive and respectful relationships. Manage their own needs. See themselves as a valuable individual.</p>	<p>Theme: Explorers Express their feelings and consider the feelings of others. Build constructive and respectful relationships. Identify and moderate their own feelings socially and emotionally.</p>	<p>Theme: Fantasies and Fairies/ Super heroes/ Real Life Super heroes Think about the perspective of others. Show perseverance in the face of a challenge.</p>	<p>Theme: In Our Patch Give focused attention to what the teacher says, responding appropriately even when engaged in an activity, and show an ability to follow instructions involving several ideas or actions. Show sensitivity to their own and to other's needs.</p>	<p>Theme: Under the Sea Think about the perspective of others. Manage their own needs. Show resilience and perseverance in the face of challenge.</p>

PARCC VIRTUES- ASPIRATIONAL, RESILIENT AND CHALLENGE SEEKING, CARING AND COLLABORATIVE, CREATIVE AND CURIOUS

		Think about the perspectives of others.			Explain the reasons for rules, know right from wrong and behave accordingly.	
YEAR 1	Family and Relationships		Health and Wellbeing	Safety and the Changing Body	Citizenship	Economic Wellbeing
YEAR 2	Families and Relationships	Health and Wellbeing	Citizenship	Economic Wellbeing	Safety and the Changing Body	Sex Education
YEAR 3	Family and Relationships	Health and Wellbeing		Citizenship	Economic Wellbeing	Safety and the Changing Body Sex Education
YEAR 4	Family and Relationships	Citizenship		Economic Wellbeing	Health and Wellbeing	Safety and the Changing Body
YEAR 5	Families and Relationships	Health and Wellbeing	Citizenship	Economic Wellbeing	Safety and the Changing Body Sex Education	
YEAR 6	Families and Relationships	Health and Wellbeing	Safety and the Changing Body	Citizenship	Economic Wellbeing	Identity Transition Sex Education